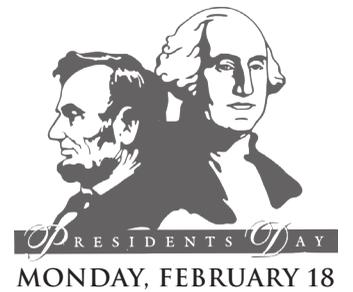


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VOL. 26, NO. 33

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 15, 2019

FEBRUARY SUNRISE/SUNSET: 15 7:05 • 6:20 16 7:04 • 6:21 17 7:03 • 6:22 18 7:02 • 6:22 19 7:02 • 6:23 20 7:00 • 6:24 21 7:00 • 6:24

Community Players To Perform Comedy Reading

BIG ARTS Community Players will perform a staged reading of the comedy *Chasing Manet* by Tina Howe at BIG ARTS Strauss Theater this Saturday, February 16 at 7:30 p.m. Tickets are \$12 each and may be purchased by calling 395-0900 or online at www.bigarts.org prior to the performance. Tickets may also be purchased at the door the night of the performance. The box office at the theater, located at 2200 Periwinkle Way on Sanibel, will open at 6:30 p.m.

The synopsis of the play is that zestful and irascible painter Catherine Sargent is legally blind and rarely leaves her room at the Mount Airy Nursing Home. She plots to escape to Paris aboard the *QE2* to view the original Manet painting *Le déjeuner sur L'herbe*, a print she has over her bed. Her only hope is to enlist the aid of her senile roommate, Rennie Waltzer, who converses with her deceased husband. At first, Catherine is upset about being stuck with the sweet-natured Rennie, who is



BIG ARTS Community Players, from left, Robert Runck, Debby Flint, Ken Moriarity, Leslie Anding, Jana Stone and Harriet Edwards

photo by Jeff Lysiak

barely cognizant of her surroundings. But as they scheme together to escape, they bond over their shared need to reclaim independence.

According to NYTheater.com: “*Chasing Manet* has an inspirational

message at its core concerning the potential that lives in us all, no matter what barriers, to defy expectations and take action to attain our dreams.”

Local artists will perform the following roles: Leslie Anding (Catherine) danced

with the New York City Ballet and has worked with several theater groups. On Sanibel, she appeared in *Dearly Departed* and *An Evening of Radio Theatre*. Jana Stone (Rennie) has an extensive arts

continued on page 30



The film explores the demise and recovery of the Kemp's ridley

photo provided

Documentary On Rarest Sea Turtle

The 7th annual “Ding” Darling Wednesday Film Series continues its biweekly showings with *Saving Sea Turtles: Preventing Extinction* in

the JN “Ding” Darling National Wildlife Refuge Visitor & Education Center on Wednesday, February 20 at 1 p.m.

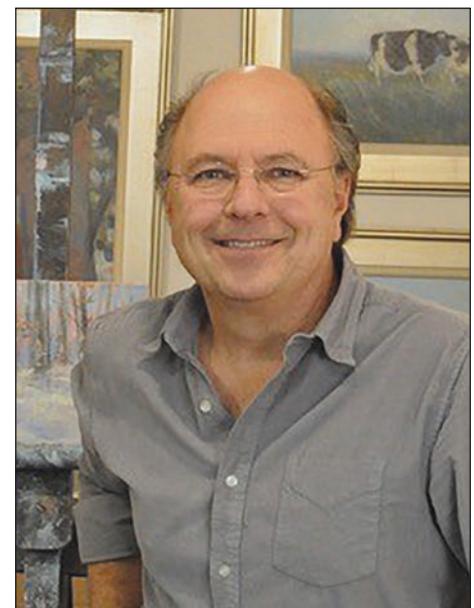
Narrated by renowned scientist Dr. Sylvia Earle, this feature-length independent documentary tells the larger natural history of the world's rarest sea

continued on page 14

Opening Reception Friday Night On Captiva

The Captiva Civic Association is hosting the Douglas David Paints Seascapes and Florals art exhibition and opening reception on Friday, February 15 from 5:30 to 7 p.m. The reception will feature new works by the well-known local artist and include live music, a donation bar and light hors d'oeuvres.

David has painted his way across the country, capturing the beauty and spirit of the things he loves – tranquil country landscapes, sunrises and sunsets on his favorite beaches, a simple pitcher of spring lilacs or peonies, a lemon, lime or a slice of watermelon on a checked tablecloth. His paintings reflect comfort, warmth, meaning and simplicity, like everything important to him – his close-knit family, lifelong friendships, creatively fulfilling work and giving his best. A recipient of numerous regional and national awards and honors, David's teaching is a way of giving back and sharing some of his journey with those who choose to study with him.



Douglas David

photo provided

This exhibit runs through March 7 and is open to the public on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1 p.m. or by appointment by calling 472-2111.

Captiva Civic Association will also host an afternoon demonstration with Douglas David

continued on page 35

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Sanibel Historical Village To Host Game Show

The Sanibel Historical Village is preparing for its next Twilight Talk taking place at 7 p.m. on Wednesday, March 13 at The Community House. It will be a Sanibel History Quiz, with the audience taking part in a *Jeopardy*-style game format. The questions will be related to Sanibel history.

“With local residents as contestants, we expect everyone in attendance to discover a treasure trove of historical information about the island,” said Executive Director Emilie Alfino.

The cost is \$10 per person and a sellout is expected, so reserve early by calling Alfino at 472-4648 or email info@sanibelmuseum.org.

The April event will be The History of Periwinkle Park, as told by members of the Muench family. It will be held at 7 p.m. on April 10 at The Community House. Tickets are available now.



Volunteer Kate Helman divulges three of the categories coming up at the March 13 game photos provided

For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648.✪



This could be the answer to one of the quiz questions on March 13 at The Community House

New Study At Sanibel Church

Beginning on Thursday, February 21 and meeting weekly at noon in the Sanibel Community Church Sanctuary, Pastor Shelton Gwaltney and Pastor Doug Hummer will be leading a study by Dallas Willard, called *Life Without Lack*.

How do we live so that we “shall not want?” Exploring Psalm 23, Willard reveals the secret to a life of contentment, peace, and security by demonstrating how to practice living in God’s presence and becoming utterly caught up in His abundant generosity. The course is based on a series of talks by the late author. Books are available in the Carpenter’s Bookstore.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to Jerry’s Market). For more information, call 472-2684 or visit www.sanibelchurch.com.✪

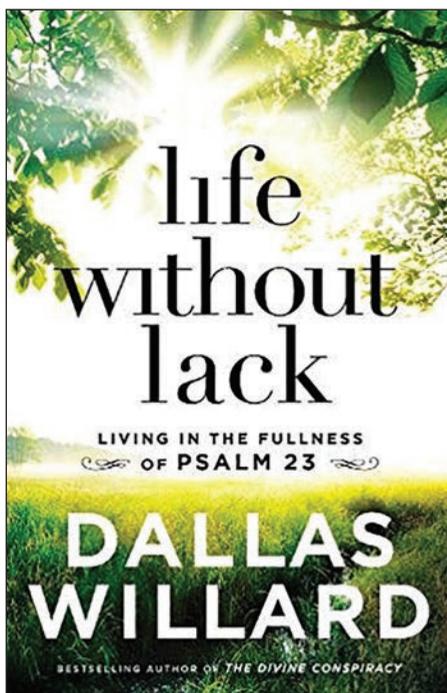


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beautiful life
by KAY CASPERSON

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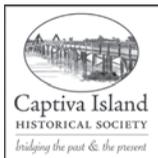
Eleanor "Bumpy" Stevenson's beach hut

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society Looking Back: Beach Hut

This week's image features Eleanor "Bumpy" Stevenson's Nipa Hut on the beach on Captiva in May 1967. Stevenson stored her famed shell collection there.

The History Gallery, developed by



the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information.

Visit the Captiva Island Historical Society website www.captivastrandhistoricalsociety.org/

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901. ✨

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Community House



Sarah Jacobson modeling one of the outfits to be shown at the Dawn to Dusk fashion show on February 22 photo provided

Rotary Arts And Crafts Festival

The Sanibel-Captiva Rotary Club Arts and Crafts Festival is being held this Saturday, February 16 from 10 a.m. to 5 p.m., and Sunday, February 17 9 a.m. to 4 p.m. on the grounds of The Community House. Over 100 artists from around the country will exhibiting and selling their wares.

Fashion Show

Discover the Spring 2019 trends at the Dawn to Dusk fashion show and luncheon on Friday, February 22. The clothing and accessories will be provided by shops in Periwinkle Place. Chef Jarred Harris will prepare lunch. Reservations required by February 19. Cost is \$45 for members and \$50 for guests.

Cooking With Chef Jarred

Chef Jarred Harris will lead a cooking demonstration on Thursday, February 21 from 4 to 6 p.m.

Dine And Design Workshop

Learn how to "Down Size, Right Size" with the team from Decorating Den Interiors following lunch prepared by Chef Jarred Harris on Monday, February 18 from noon to 2 p.m. Cost is \$30.

Community Interest Series

Learn about 3D printing, virtual reality and creating eBooks on Monday, February 18 at 7 p.m. This presentation

aims to promote 21st century literacies and engage citizens with cutting-edge technologies. Presenter will be Danny Hussey, technology manager of Sanibel Public Library. A \$5 donation is suggested.

Cello/Guitar Duo

Celloist Ian Maskin will partner with Miami-based guitarist Michael Gonzalez on Monday, February 25 for an evening of music that spans a wide variety of musical genres including jazz, blues, flamenco, rock, R&B and world music. The concert begins at 7 p.m. Cost is \$35.

Speaker Series

The Sanibel Captiva Trust Company will host speaker Craig R. Hersch, PA, on Why Selecting a Trustee Matters on Tuesday, February 26 at 9:30 a.m. Reservations are required. Call Frances Steger at 472-8300.

Yoga Classes

Yoga classes with Susan Pataky are held on Tuesdays and Thursdays. The first class, for all levels, begins at 10 a.m.; Chi yoga follows at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

Emotional Freedom Techniques

Jenny Li leads a series of Emotional Freedom Techniques (EFT) tapping classes to find the healer in you. Classes are held on Tuesdays from 11 a.m. to 12:30 p.m. through February 19. Cost is \$30 for members and \$35 for guests.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Literary Lunchbox Series

MacIntosh Books will host Jonathon F. Putnam, a best-selling historical mystery author, to discuss his series about Lincoln and Speedy on Monday, February 25 at 11 a.m. Cost is \$35 and includes lunch and a copy of *Final Resting Place*.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

Church Offering Course On Gender Identity

On Wednesdays, February 20 and 27, the Rev. Dr. John H. Danner of Sanibel Congregational United Church of Christ (SCUCC) will present a course entitled Questions of Gender and Sexual Orientation. Each

class will be presented twice, at 10 a.m. and again at 7 p.m., in Fellowship Hall. Theological Studies programs at SCUCC are free and the public is welcome.

Dr. Danner said, "To comprehend gender identity and sexual orientation, we need to have some common language, some common understandings. While the classes will define what it means to be transgendered, lesbian, gay, straight,

and cis-gendered, as well as other ways of understanding gender and sexuality, we will not only reflect on terminology, but more importantly on the life stories of folks of differing orientations or identities."

Dr. Danner has trained as a pastoral psychotherapist and is a fellow in the American Association of Pastoral Counselors. He began his tenure as senior pastor at Sanibel Congregational United Church of Christ in January of 2010. Prior to coming to Sanibel, he served churches in the Northeast, most recently in Westport, Connecticut.

Ordained in 1980, he has degrees from Bradford College, the University of Maine, Bangor Theological Seminary and Boston University.

He is also a graduate of the Shalem Institute of Spiritual Formation. He has contributed materials to three collections of devotional and liturgical resources, Iona of the Heart, Touch Holiness and From the Psalms to the Cloud.

The church is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.org.*

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OBITUARY



CAROLE MAYDEN

Carole L. Mayden, age 87, of Crown Point, Indiana passed away on Wednesday, January 30, 2019.

Carole is survived by her loving husband of 66 years, Dr. J. Robert Mayden; children Jill (Tim) Manvilla of Indianapolis, Indiana; Jana (Alan) Wertepny of Loxachatee, Florida; Kim (Sally Collins) Mayden of Kirkwood, Missouri; Kara (Dr. Dean) Argo of Nashville, Tennessee; Kay (Chuck)

Sharpe of Tipp City, Ohio; Jay (Carrie) Mayden of Crown Point, Indiana; and Jeff (Heather) Mayden of Wildwood, Missouri; 13 grandchildren (and spouses): Shannon (Jason) Raynor, Brett (Jenny) Manvilla, Dr. Brittney (Dr. James) McClymonds, Ryan (Carrie) Wertepny, Randy Wertepny, Dr. Taylor Argo, Ben Argo, Jordan (Danielle) Sharpe, Lauren (Michael) Porto, Ellise Sharpe, Jenna Mayden, Jack Mayden, and Sydney Mayden; and 13 great-grandchildren.

Carole was preceded in death by her parents, Lawrence and Orpha Rothermel; and sister, Shirley Letterer.

Carole was a graduate of Crown Point High School, Class of 1950. Carole was a tremendous homemaker who provided love and support to her husband, seven children, and her many grandchildren and great-grandchildren.

She had a passion for reading and spent many years on the shores of Sanibel Island, Florida – she was an expert shell collector.

Carole won numerous blue ribbons at shell shows. She also used many of the shells to create one-of-a-kind shell gifts through her business, From the Shores of Sanibel.

Family visitation was held on February 3, 2019 at Geisen Funeral, Cremation & Reception Centre in Crown Point, Indiana. A mass of Christian burial followed at St. Mary Catholic Church on February 4. Interment was at Calumet Park Cemetery in Merrillville, Indiana.✱

OBITUARY



ELAINE LEGEROS BARBATSIS WALKER

“Oh my yes!” epitomizes Elaine’s enthusiastic 95 years.

Elaine Legeros Barbatsis Walker spent her first 18 years near Lake Calhoun in Minneapolis, Minnesota as daughter of Christ and Anna Legeros. She worked at her family’s Rainbow Café and loved it. After a flattering picture of her in a Greek-American newspaper, Konstantinos Nicholas “Harry” Barbatsis blew into town from Miami to see this beauty, and they were married three weeks later.

Son Nicholas Konstantinos “Nick” Barbatsis came soon to Harry and Elaine near Mobile, Alabama, where Harry ran his first restaurant. Daughter Marianna “Kutzi” arrived shortly thereafter to call forth payment on a promise by dad to mom that another child would bring Elaine back to Minneapolis. Soon Evangelia “Becka” = “Eve” and Christian “Tian” completed the family, and they lived again near Lake Calhoun. There were years of family life, Minnesota Orchestra balls, Greek celebrations and the restaurant business.

But life for the family tumbled apart, and after 25 years of marriage,

Elaine went her own way. Oh my no. Until... Walter Willard “Walt” Walker saw in Elaine excitement, devotion, brains, beauty and family. They were soon married, meaning Walt married Elaine’s whole clan: children, in-laws and grandchildren – “the full catastrophe” as Zorba would say. Oh my yes!! Life continued in the Kenwood neighborhood of Minneapolis and Sanibel Island for all. Walt was a gracious, warm and welcoming partner. The whole family was introduced to and loved Sanibel and Captiva. Walt and Elaine built a slightly larger home than the “Walker Guest House” so that Elaine could host her family – and finally they added a phone so that Elaine would not have to walk to the nearest motel to call her children!

Elaine was tremendously optimistic. She knew how to look for the bright side of things and not dwell long on the unpleasant. She adored her 12 grandchildren who variously called her Sheesh, Yia, or YiaYia. Nieces and nephews called her Theets. She was always willing to help but she was shrewd: at age 92, she received a presumed scam phone call from a “grandson” who needed \$1,000 to get out of jail in California. “Honey I love you, but I don’t do that.”

The Greek Orthodox faith was tremendously sustaining for Elaine. As she reached her 90s, she remained ever upbeat and ever grateful for all her years, but she knew she was getting older. Walt was gone. She wondered when God would help her find the door to the other side, which she was characteristically eager to see. As she waited, she was an ongoing delight to the whole family, which now included 14 great-grandchildren. It took God a long time. Very sadly, in October, great-grandchild Ben went too soon though the door. At Thanksgiving, YiaYia was a bit slowed down but attended a family dinner. Just days later, her body failed her, and she quickly went to be with Ben.

Thank you for everything Mom, Elaine, Sheesh, YiaYia, Yia, Theets. We love you. Kaló taxidi, YiaYia. Oh my yes!✱

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Volunteers at Sanibel Congregational United Church of Christ, from left, Moon Price, Carol Good, Charlotte Wilcox, Janice McNeal and Barb Cecala photo provided

Almost Spring Bazaar Returns Next Saturday

The Almost Spring Bazaar is back. This year, the annual event at Sanibel Congregational United Church of Christ will be held on Saturday, February 23 from 9 a.m. to 1 p.m. New and gently used furnishings and housewares, jewelry and accessories, toys, artwork, silent auction items, bromeliads and books are among the items that will be available for shoppers. There will also be a baked goods table.

Items in the sale are donated and proceeds are distributed among local groups that help families. Planning and organizing the bazaar is a year-round effort of the Sanibel Congregational Women in Mission (SCWIM).

Donations of items will be accepted until Wednesday, February 20 (no electronics or clothes accepted). Anyone with large items and who would like pick up and delivery assistance may call Linda Danner at 203-984-5892 or Carol Good at 618-201-6252.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. For more information, call 472-0497 or visit www.sanibelucc.org.

Catholic Group Hosts Lobster Dinner



Clockwise from left foreground, Andy McKelvey, Peg and Joe Boyle, Joe and Leslie Anding, Nancy and Joe Venuto, and JoAnn McKelvey photo provided

Sanibel Catholic Women and Men recently held their 3rd annual Lobster Dinner at The Community House. The 120 people in attendance feasted on an extensive buffet including lobster tails and steamed clams. The

evening concluded with an opportunity for all to sing karaoke and dance.

Proceeds from the Catholics' group continue to support the Marion Ministries in Africa and the Guadalupe Social Services' DACA program.✱

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Il Cielo

photo by Jeff Lysiak

Restaurant Remodeling Plan Approved

by Jeff Lysiak

During Tuesday's planning commission meeting, a conditional use permit for a remodeling of Il Cielo Restaurant to include an increase of 249 square feet in floor space to accommodate 12 new indoor seats was unanimously approved.

According to the application presented to the commission, the owners of Il Cielo – represented by General Manager Marcus Preece – plan to substantially remodel the existing 150-seat, 4,760-square-foot restaurant. In conjunction with those plans, the application also sought to eliminate the 16 bonus outdoor seats already approved for the eatery.

"Improvements proposed to the existing restaurant include extensive interior and exterior remodeling – including an increase of 12 indoor seats and a 249-square-foot increase in floor area as a result of enclosing the porch that currently is used for bonus outdoor seating," the application reads, in part. "There are no changes to the overall footprint of the existing building and there are no changes to the amount of impermeable coverage or developed areas proposed onsite."

City planner Roy Gibson noted during

his presentation of the conditional use permit application that the city's Natural Resources Department reviewed the vegetation inventories of the existing landscape buffers required along all sides of the subject property. However, the submitted plans did not comply with all landscape buffer standards. As a result, staff recommended that the applicant be required to submit plans that "demonstrate conformance with all applicable requirements" prior to issuance of a development permit.

Gibson pointed out that two of the 10 recommended conditions for approval specifically dealt with the vegetation buffer plan. Commissioner Karen Storjohann, who confirmed with Preece that the restaurant would have no more than 162 seats, voiced her concerns over approving an application that was incomplete. Following a brief discussion, Commission Chair Chuck Kettman made a motion to approve the application.

"I'm comfortable with the staff handling this for us," said Kettman, whose motion was seconded by Vice Chair Roger Grogman. The permit was granted by a 5 to 0 vote, with commissioners Matt Kirchner and Paul Nichols absent and excused.

Following the vote, Storjohann requested that incomplete applications not be brought before the commission. "Vegetation on this island is very important, and I think it should be treated that way," she said.✽

The Impacts Of Sea Level Rise On Sanibel

by Jeff Lysiak

During the February 5 Sanibel City Council session, Dr. Mike Savarese, professor of marine science at Florida Gulf Coast University, delivered a presentation on An Assessment of Coastal Vulnerability Due to Sea Level Rise and Storminess on Sanibel.

The results of a six-month study funded through the Florida Department of Environmental Protection Coastal Partnership Initiative, the project aims to help residents of Sanibel understand vulnerabilities to sea level rise and storminess.

"This project is really going to be a first step to get Sanibel looking at its vulnerability to the effects of climate change," said Dr. Savarese. "The two most important climate change effects that Sanibel has to deal with, and this shouldn't come as any surprise to anyone living on the island, is sea level rise itself and storminess."

According to Dr. Savarese, understanding climate change vulnerability will allow experts to predict or anticipate future affects across the landscape, protecting community assets. It is also an important component to preserving and/or improving quality of life, economic vitality and maintaining urban, cultural and natural resources.

Two important aspects of the study are community engagement and documenting the history of coastal habitat change since 1970.

"The idea here is to get to know what people are interested in. What are people concerned with? What do people feel is a value on the landscape that might be at risk as we move into the future?" asked Dr. Savarese. "It's meant to be cooperative, it's meant to be proactive, and at the same time, we're trying to instill a hopeful sense yet with a cautious approach."

Research shows that any global warming will contribute "significant volume" to the world's oceans, and increased ocean temperatures may also contribute to the frequency and intensity of storminess. "It's really the storms on top of sea level (rise) that create the most drastic

impacts," added Dr. Savarese.

The study also showed a three millimeter increase in ocean volume annually, with projections that the increases may be getting even greater each year. Statistics reveal that sea levels have risen eight inches since 1870; moreover, sea levels are up three inches since 1993.

"The amount of (sea level) rise in the last few decades is considerably higher than it's been for the previous century before it, so it is a real problem," added Dr. Savarese.

A free public presentation of the study will be presented on Friday, February 22 at The Community House, located at 2173 Periwinkle Way on Sanibel. Doors will open at 3 p.m., with presentations – delivered by eight community engagement teams – starting at 4 p.m. Teams will include community infrastructure, business community, development community, school and education, social resource, natural and cultural resources, Captiva Community Panel and the community-at-large.

The study was prepared by Dr. Savarese with the cooperation of physical oceanographer Felix Jose, James Evans and Joel Caouette, with assistance by FGCU senior undergraduate Katherine Arnett and graduate student Andrew Gross.✽

Registration Open For Fun Days At Rec Center

Register your child now for the upcoming Fun Days on Monday, February 18 and Tuesday, February 19. Each Fun Day will offer a variety of athletic games, craft projects and entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Cost per Fun Day for members is \$36, non-members are \$48.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✽

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.

Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

Published every Friday for the people and visitors of Sanibel and Captiva Islands.

Distribution: 8,000 - 10,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).

Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

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Publisher
Lorin Arundel

Advertising
Bob Petcher

Graphic Arts & Production
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporter
Jeff Lysiak

Contributing Writers

Leah Biery	Craig R. Hersch
Barbara Cacchione	Shirley Jewell
Kay Casperson	Dr. Jose H. Leal, PhD
Constance Clancy, EdD	Kealy McNeal
Suzu Cohen	Capt. Matt Mitchell
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Feb. 18 & 28 • 4:30 to 6 p.m.

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Join Professor Adrian Kerr as he discusses historical landmark moments that irrevocably changed human history and civilization. This captivating talk will lead you through these definitive events. Tickets for each class cost \$10,*and may be purchased by calling (239) 489-8472.



February 26 at 7 p.m.

Performing Arts Concert Series Vienna Boys Choir

Prepare for a heavenly evening with this venerable choir that has roots dating back five centuries. The Vienna Boys Choir singers, between the ages of 10 and 14, hail from dozens of nations and tour in groups of 25. The choir's repertoire includes medieval, contemporary and experimental music. Individual tickets cost \$40 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.



Feb. 28 • 2 p.m.

Medical Breakthroughs & Discoveries Series Nutrition Meets Modern Medicine: The Key To Reversing Chronic Disease

Dr. Michael Klaper, a nationally recognized expert in nutrition-based medicine, will discuss how eating healthy foods can reverse diabetes, high blood pressure, clogged arteries and other chronic diseases. Registration is required for this free community healthcare presentation at (239) 433-7936; light refreshments will follow.



Experience Lunch at the Banyan Grille!

Enjoy an array of delicious gourmet selections like grilled salmon and kale salad, steak flatbread, grilled vegetarian panini and much more! Menu selections range in price from \$8 to \$17. The Banyan Grille is located in the Coastal Links neighborhood at Shell Point, inside the Coastal Commons building. For more information or to reserve your table, call 239-225-2900.



*If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.

Unitarians Hosting Speaker

Dr. Miriam Levering will speak on *When Things Fall Apart: Heart Advice in a World of Change* at the Sunday, February 17 meeting of the Unitarian Universalists of the Islands. The meeting will be held at 5 p.m. in Fellowship Hall of Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel.

Dr. Levering taught religious studies at Harvard University, Bates College, Oberlin College, the University of Tennessee in Knoxville, McGill University in Montreal and the School of Oriental and African Studies at the University of London. Her



Miriam L. Levering photo provided

specialties are religion and gender and East Asian religions and philosophies.

Dr. Levering's talk will draw on the teachings of Pema Chodron, an American teacher of Tibetan Buddhism, and novelist Barbara Kingsolver's recent book, *Unsheltered*.*

Shared Use Path Master Plan Open House

The City of Sanibel's Shared Use Master Plan was adopted in 2009 and has guided the implementation of updates to the shared use path system over the past decade. The city,

in collaboration with the Lee County Metropolitan Planning Organization (MPO), is currently updating to the Sanibel Shared Use Master Plan. The Master Plan Update is being conducted to recognize the improvements completed over the past decade and will guide the long-term vision for the Shared Use Path system. During this process, the city and MPO will solicit and receive public comment through a variety of channels including open houses, surveys and emails.

On Tuesday, February 19, the community is invited to stop by any time between 10 a.m. to 6 p.m. to provide input directly to the team preparing the Shared Use Master Plan Update. The open house is being held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

If you have questions about the Sanibel Shared Use Path Master Plan Update or the open house meeting, visit the project website at www.sanibelbikeped.com or contact Keith Williams, director, Department of Community Services, at 472-6397 ext. 507.

In accordance with the Americans with Disabilities Act, persons needing a special accommodation to participate in this proceeding, to include hearing impairment, should contact City Clerk Pamela Smith no later than one day prior to the proceedings at 472-3700. For additional assistance if hearing impaired, telephone the Florida Relay Service at 711.*

Habitat For Humanity Work Day February 23

On Saturday, February 23, you can help the Sanibel Community Church outreach to local disadvantaged families by volunteering for a work day with Habitat for Humanity. This is a light construction project; no skills are required. The church van will leave the campus at 8 a.m. and return mid-afternoon.

For more information or to sign up for this service project, contact Dave Truelsen at 847-305-9175.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).*



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7 pm Speaker : Technology. Donation

TUES. FEB. 19

1 pm Joyful Living

THURS., FEB. 21

4-6 pm Cooking Demo with Chef Jarred

FRI., FEB. 22

11:30 am Fashions of Periwinkle Place
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MON., FEB 25

7 pm Maksin & Gonzales Duo
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TUES. FEB. 26

7 pm The Community House Documentary

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Eagle in Juneau, Alaska

Speaker To Discuss Bird Photography

Using many of his photos as examples, Paul McKenney will give practical advice that can be used in the field to improve one's birding observations. McKenney's presentation, Elevate Your Bird Photography, will be held on Thursday, February 21 at 7:30 p.m. at The Community House. This is the eight presentation of the 2019 Sanibel-Captiva Audubon lecture series.

Birders love to create compelling images of their favorite subjects. Many birders are frustrated when their photos do not match what they wanted to achieve. Birds are complicated photo subjects starting with the direction of light, composition, focusing on the eyes and freezing action of movement. What is effective for shooting people and other animals rarely works for birds. This presentation will give you an understanding of fundamentals and techniques that translate into successful bird photographs, what to avoid and most importantly, why. The emphasis is what in the field helps you achieve images you will want to hang on your walls.

McKenney is a Sanibel based bird/raptor, wildlife and landscape photographer and educator. He is passionate about capturing the beauty and behavior of birds, mammals and large reptiles, and

photos by Paul McKenney



Euphonia



Great Blue Heron

assisting others achieve their visions. He has followed his wife's longstanding advice: shoot what makes your heart sing.

McKenney bought his first SLR camera in 1991. While then engaged in a full time legal career, photography quickly became a passion as it opened a whole world of visual exploration. Annual trips to the Eastern Sierras, U.S. and Canadian national parks, and the southwestern U.S. followed. Subsequent journeys took him to Costa Rica and elsewhere. McKenney also quickly learned that the best way to shoot better bird and wildlife images was to spend time with the subjects, falconers, birders and naturalists.

McKenney grew up and lived in Metro Detroit until 2015 when he retired and, with the love of his life, moved to

Sanibel. A prime motivator for the move to Sanibel was "Ding Darling" National Wildlife Refuge where McKenney currently volunteers. He began teaching raptor/bird workshops and other photography education programs and workshops over a decade ago in Michigan. He now indulges his photographic interests full time.

As always, all are welcome to attend. Doors open at 6:30 p.m., and parking is available at The Community House, 2173 Periwinkle Way, and across the street in the BIG ARTS Strauss Theater parking area. A \$10 donation per attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.

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Native bushy bluestem's silvery inflorescences provide seeds for birds and small mammals, as well as nesting material for birds photos by Gerri Reaves

Plant Smart Bushy Bluestem

by Gerri Reaves

Bushy bluestem (*Andropogon glomeratus* var. *pumilus*) is a native perennial grass found in most of Florida and across the southern continental U.S. The common name refers to the bushy inflorescence and the blue-green tint of the leaves.

Because some plant experts classify it as a broomsedge, it also has the common name of bushy broom grass. Bushy beard grass is yet another name.

This fast-grower is found in moist sites, such as the edges of swamps, marshes, swales, ditches, ponds and low-lying areas. Perhaps because it grows weed-like along Florida's roadsides and self-seeds profusely in good conditions, its ornamental qualities are under-appreciated. This species is underused in natural or wetland gardens or as a soil-erosion preventer.

The plant's prominently jointed stems, or culms, rise from bushy fibrous

clumps that measure eight to 10 inches across.

The stems are three to six feet tall and flattened at the base. The nodes are regularly spaced. The leaf blades measure six to 24 inches long and only a fourth- to a half-inch wide. Rigid sheaths are tightly wound around the stems.

The grass's most noticeable feature is the feather-like silvery white or pinkish inflorescence that appears in the fall at the tops of the stem. It is composed of many silky hairs, spikelets and bracts.

The inflorescences provide seeds and nesting material for birds, and the dense clumps of stalks provide cover for small wildlife.

It is considered a possible larval host for several butterflies: Delaware skipper, Georgia satyr, neamatla skipper, swarthy skipper and twin-spot skipper.

Upon maturity and seeding, the erect stems remain, become billowy and turn reddish or copper.

Bushy bluestem needs full sun and plenty of moisture. It has low salt tolerance. Propagate it by division or with the seeds.



Feathery bushy bluestem dots this October landscape

It can be dried and used in flower arrangements.

Sources: *Common Grasses of Florida and the Southeast* by Lewis L. Yarlett, www.fnps.org, <http://www.plantbook.org>, <https://plants.ifas.ufl.edu>, www.regionalconservation.org, and www.wildflower.org.

*Plant Smart explores the diverse flora of South Florida.**

From page 1

Documentary

turtle, the Kemp's ridley, and how humans pushed a healthy population to the precipice of extinction and are now slowly helping it to recover.

Winner of the Green Spark Award at the American Conservation Film Festival in 2017, *Saving Sea Turtles* tells the inspiring story of devoted people from New England to Mexico, whose collaborative work is helping to save the ancient species from going extinct.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free film showings with sponsorship from Sanibel Captiva Beach Resorts. Seating is limited and on a first-come basis.

After *Saving Sea Turtles*, the series will feature *Jane* on March 6, *Invasion of the Giant Pythons* on March 20 and *Saving Atlantis* on April 3.

A short discussion will follow each film to allow visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched.

JN "Ding" Darling National Wildlife Refuge Visitor & Education Center is located at 1 Wildlife Drive on Sanibel. For full descriptions of the films, visit www.dingdarlingsociety.org/articles/lecture-and-film-series.

Free Beach Walk This Saturday

Sanibel Sea School will offer a free guided beach walk with the organization's marine science educators on Saturday, February 16 from 9 to 11 a.m.

Participants will explore what has washed ashore. Educators will talk about any interesting organisms and objects found on the beach, share some basic shell biology and answer any questions posed.

Meet at Sanibel Sea School's Flagship Campus at 455 Periwinkle Way at 9 a.m. This event is free and family-friendly; no reservations are required.

For more information, visit www.sanibelseaschool.org.

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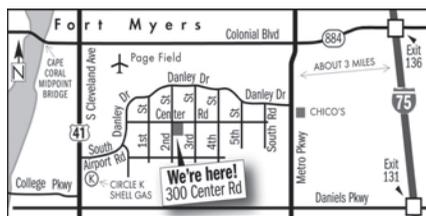


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Wanna Be A Shepherd?



by Capt. Matt Mitchell

This week really showcased why so many people choose to winter in sunny Florida. I had my fingers crossed that, with a full week of warmth, we would be making that switch to shiner fishing though this has just not happened yet. Water temperatures have slowly crept back up to the 70s and things have started to come back to life on the open flats.

Sheepshead fishing usually peaks in February and early March. This year, due to the cold couple of months we experienced, this bite has been going on since the end of November. Now that we are in prime sheepshead time, the average size of these fish has increased, and it just continues to get better. Not only are these fish throughout the passes and sound, other options for finding these fish are nearshore wrecks, reefs and ledges.

Tripletail fishing during the calm days has also been a great choice. With not a whole lot of stone crab pots out on the Gulf side, it seems these prehistoric looking fish have less places to hang out. Often when targeting these fish, it's about water temperature that usually is warmer the deeper you go. I like to start looking in 20-foot depths then gradually work out deeper. Once you start seeing these fish, spend your time searching in that depth. Afternoons are more productive than mornings as the sun is higher, which makes these fish easier to spot. A live shrimp is hard to beat for a bait.

Although I get a little tired of writing about sheepshead every week, my clients are certainly not tired of catching them. Not only are these fish a blast to catch, they are plentiful and great to eat. They do require skill to catch them both with an accurate cast and learning to feel the bite until it's time to set the hook. With no trout around, these fish continue to be my go-to species.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Jessie Minoski with one of many sheepshead he caught while out with Capt. Matt Mitchell this week photo provided

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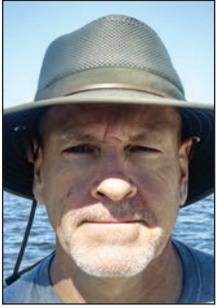
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CROW Case Of The Week:

Osprey

by Bob Petcher



The osprey (*Pandion haliaetus*) is a large fish-hawk that can be seen along waterways or atop of stick nests on provided poles during nesting periods. They are known for their

plunging dives feet first into water to grab fish.

These raptors have brown backs and wings to contrast their white heads and underparts. Some unfamiliar with the osprey believe they are viewing an eagle, but the two differ in size (eagle is bigger), beak (osprey's is short and black; eagle's is longer and yellow) and nest area (eagles nest in trees), among other distinctions.

At CROW, an adult female osprey was admitted from St. James City on Pine Island after being struck by a vehicle. During her intake exam, veterinarians noted a two-centimeter round abrasion on her right shoulder and another abrasion on her right carpus (elbow joint). Radiographs revealed that the osprey had suffered a right scapular fracture. She was given pain medication and anti-inflammatory medication to address potential head trauma.

"Although the actual trauma incident

was not witnessed, based on clinical signs and the severity of the bird's other injuries, a certain degree of head trauma had occurred," said Dr. Robin Bast, CROW staff veterinarian. "Although the eye exam was normal – in severe head trauma cases there may often be ocular trauma as well – there was some blood in the bird's mouth on initial exam."

Veterinarians then placed an IV catheter for fluid therapy and a body wrap to immobilize the injured wing before placing the osprey in an oxygen chamber overnight.

"Oxygen therapy is used during initial stabilization of trauma cases. In this case, it helped both the respiratory system, since there was some bleeding into the lungs/air sacs, as well as improving blood flow to the brain," said Dr. Bast.

During a re-check of radiographs, veterinarians discovered the patient had also suffered a right radius fracture. Both fractures would be treated with one body wrap, therefore the treatment plan was not changed, officials reported.

"Yes, since the injuries were on the same side of the body, only one bandage was required to immobilize both injuries," confirmed Dr. Bast.

The patient will stay in the body wrap "approximately three to four weeks, depending on the rate of healing for both injuries. We will monitor this progress by taking repeated radiographs," said Dr. Bast.

After a weekend of healing, the patient will have an uphill battle with rehabilitation, but is expected to fully recover from her injuries.



Patient #19-0163 will be undergoing physical therapy to address its two fractures

photo by Brian Bohlman

"The osprey is doing well with physical therapy and her treatments. She does not want to eat on her own consistently, so she is being assist-fed to maintain her weight," added Dr. Bast. "It will be several weeks before she can move to an outside flight enclosure for further physical therapy and ensure she has normal flight before she can be cleared for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Shell Of The Week

Tongue Auger



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

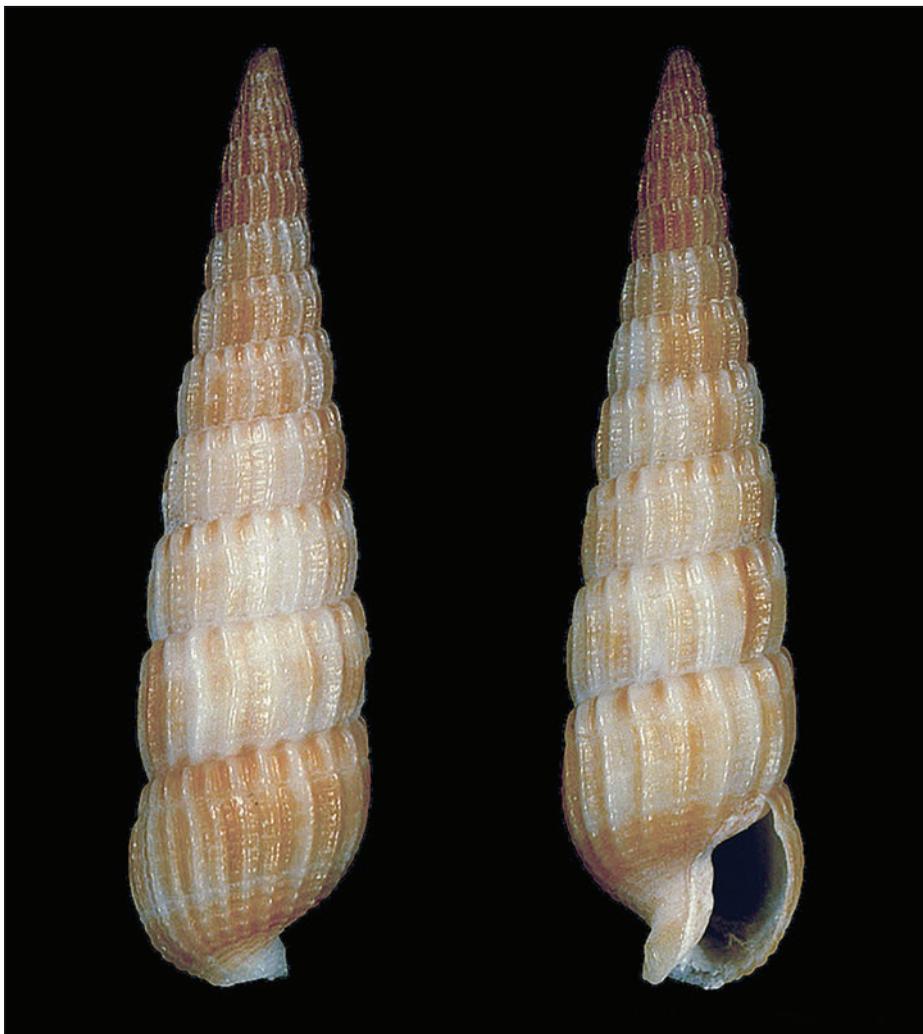
T*erebra glossema* Schwengel, 1942 is the rarest of the four local shallow-water

species of the auger family Terebridae. It resembles the Eastern Auger, *Terebra dislocata*, but differs from that by fainter spiral lines crossing the axial (“vertical”) ribs, whorls with more convex profile and less “stepped” whorls. The shell measures a little more than one inch (25 mm), and color patterns range from cream to light-brownish to orange-brown, sometimes with irregular bands. Learn more about this species and other local mollusks at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

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The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



The Tongue Auger, *Terebra glossema*, from Sanibel

photo by José H. Leal



Black skimmers in flight

photo by France Paulsen

Audubon Bunche Beach Bird Walk This Saturday

The next Sanibel-Captiva Audubon Saturday bird walk will be held on Saturday, February 16 at Bunche Beach. Participants will meet at the beach parking lot at 8 a.m. at the end of John Morris Road in South Fort Myers. The parking fee is \$2 per hour. Waterproof shoes are a must as participants will walk through tidal pools.

These bird walks are open to public and all levels of experience. A \$5 donation is appreciated. For more information, visit www.san-capaudubon.org.



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Programs And Activities At SCCF

The Sanibel-Captiva Conservation Foundation (SCCF) will be offering the following programs and activities during the month of February:

Mondays at 8:30 a.m., Weeds & Seeds – Join a group of amateur botanists who enjoy finding and identifying native plants on Sanibel and the Caloosahatchee watershed. Walks are held at different locations in Lee County and last for two hours. They are guided by a leader with a plant list. Depending on the location visited, you may need parking money. Bring a hat, water, sunblock and comfortable enclosed shoes with socks. Meet at the SCCF Nature Center at 8:30

a.m. (depart at 8:45 a.m.) at the base of the porch and carpool to the site.

Tuesday and Thursday at 11 a.m., Interior Wetland Trail Walk – Sanibel is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Take a guided walk through the interior wetlands and mid-island ridges of the SCCF Center Tract with discussion of native habitats, natural, and cultural history and preservation efforts. Trail walks will be offered through March. Meet at the SCCF Nature Center.

Wednesday at 9 a.m., Bowman's Beach Walk – Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach. Your guide will lead you along the beach towards Blind Pass and back along the back dune/bayou trail. Keep your eyes

open for shorebirds and gopher tortoises. Learn about SCCF's 50-year role in island preservation. Free to all; participants must pay to park.

Wednesday at 1 p.m., Birds of a Feather Paint Together Workshop – SCCF and the Sanibel-Captiva Art League (SCAL) offer an art meets science workshop about birds. Audrey Albrecht, SCCF's shorebird biologist, will talk about the anatomy of birds and observation skills that will help while studying birds for artistic purposes.

Using Albrecht's tips, Marion Hall, SCAL member and award-winning watercolor artist, will lead participants in creating a watercolor painting of a royal tern. Participants should bring their favorite watercolor paints, brushes and paper. Watercolor notecards will be available as part of the class materials. Registration is

required; call 472-1932 to sign up.

Thursday at 10 a.m., Turtle Tracks – Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the lifecycles and habits of the sea turtles and shorebirds that nest on the beaches, SCCF's monitoring activities and what is being done to protect them. Meet at the SCCF Nature Center.

Thursday at 2 p.m., Shorebirds of Sanibel & Captiva – Join SCCF biologists to learn about the shorebird species that nest on the beaches, including snowy plovers, least terns and Wilson's plovers. SCCF has been monitoring beach nesting birds on Sanibel since 2002. Learn how you can safely share the beach and help protect these feathered friends. Meet at the SCCF Nature Center.

For more information, call 472-2329 or visit www.sccf.org.

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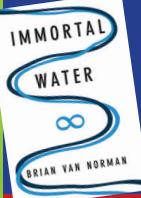
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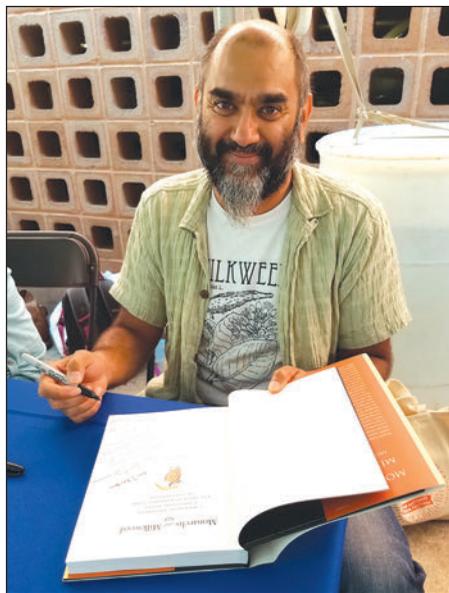
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Lecture Reveals Perplexing Relationship

“This is important science about an iconic and sadly declining insect, made readable by enthusiastic, personal prose,” wrote *BBC Wildlife Magazine* about *Monarchs and Milkweed: A Migrating Butterfly, a Poisonous Plant and Their Remarkable Story of Coevolution* by Anurag Agrawal. The author will give two presentations at the JN “Ding” Darling National Wildlife Refuge on Sanibel on Friday, February 22 at 10 a.m. and 1 p.m., part of the 2019 “Ding” Darling Friday Lecture Series.

“Agrawal’s book is a detailed exploration of just about everything about monarchs: sex lives, dining habits, internal flight guidance and, in particular, their coevolving-but-competitive relationship with milkweed,” reported *The Washington Post*. The author, the James Perkins Endowed Chair in environmental studies at Cornell University, won the 2017 National Outdoor Book Award in Nature and Environment for *Monarchs and Milkweed*, which was also named one of *Forbes.com*’s 10 Best Biology Books of 2017.

“The book reads like a novel at times, with Agrawal acting as a storyteller and weaving together his extensive knowledge of monarchs and milkweed, as well as the people behind various related scientific discoveries,” wrote *Ecology Journal*. “His style of writing is humorous, insightful, and



Anurag Agrawal photo provided most importantly, accessible.”

Agrawal will sign copies of his book, available in the Refuge Nature Store, following his two lectures. Profits from Nature Store sales directly benefit refuge wildlife, education and research.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12 at 10 a.m. and 1 p.m. The season’s remaining schedule is listed below. Book signings follow all starred (*) lectures.

Lectures take place in the

admission-free “Ding” Darling Visitor & Education Center. Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they will be assigned to the next in line.

As usual, Wildlife Drive closes on Friday, but visitors can explore the Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge’s official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to www.dingdarlingsociety.org/articles/lecture-and-film-series.

*March 1 – Author Warner Shedd, *Owls Aren’t Wise & Bats Aren’t Blind: A Naturalist Debunks Our Favorite Fallacies about Wildlife*

March 8 – Yve Morrell, *The Big Year: A First for Women*

March 15 – Jeremy Conrad, *Sea Level Rise: Globally & Locally*

March 22 – Dusty “Wildman” Crum, Robbie and Geoff Roepstorff, Mike Kirkland, *Pythons: The Hunters, the Science*

March 29 – Marine scientist Lauren Blickey, *Drastic Plastic: Turning the Tide on Plastic Pollution*

April 5 – Ornithologist Dr. Jerry Lorenz, *Flamingos & Spoonbills: Pink*

Canaries in a Coal Mine

*April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida*.✳

Smithsonian Director To Visit Sea School

Dr. Valerie Paul, director of the Smithsonian Marine Station at Fort Pierce and the head scientist of the Chemical Ecology Program, will visit Sanibel Sea School on Friday, February 22 to give a presentation about her work related to harmful algal blooms. The event will begin at 5 p.m.

Dr. Paul researches marine chemical ecology, marine plant and herbivore interactions, coral reef ecology and the ecological roles of marine natural products. More specifically, in her coral reef ecology research, she studies the impact of cyanobacterial blooms on coral reefs and the larvae of reef building corals. “This is truly a lecture you won’t want to miss, and a chance to ask an expert about toxic blue-green algae, which has affected us locally in recent months,” said marine educator Shannon Stainken.

Cost is \$10 per person. Call 472-8585 to RSVP.

Sanibel Sea School is located at 455 Periwinkle Way on Sanibel. For more information, visit www.sanibelseaschool.org.✳

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How To Store Your Kayak

by Kealy McNeal,
Ocean Tribe
Paddlers



Kayaks are big and bulky, which can make storage a challenge. Don't let that deter you from enjoying all the incredible paddling our state has to offer. Whether you live here all year or just seasonally, proper storage will keep your vessel in top condition and ready

for your next paddle. Just be sure to consider a few key factors.

First, store your boat out of direct sunlight. Ultraviolet rays can degrade just about any kayak hull material, from fiberglass to plastic to coated fabric. Also consider moisture. Consistent exposure to moisture from rain and humidity can cause hull materials to break down over time.

Extreme heat is another factor that can lead to the warping of hull materials, so it's important to keep your boat away from direct heat sources. Choose an area or room that is well shaded and does not get too hot. On the other hand, repetitive freezing and thawing can also potentially damage your boat. This is especially true if you have a fiberglass vessel that has been

exposed to moisture during storage.

It is recommended that you do not store your boat directly on the ground, because warping may occur and it is more susceptible to dirt and moisture there. Most paddlers will use either a rack or suspension system to support their kayak. Just make sure the weight of your kayak is distributed evenly to prevent deformities. Your kayak should be free of any salt, dirt or sand before you store it for long periods of time. Don't forget to take care of your kayak accessories as well.

*Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

Reception At City Hall For New Residents

There will be a new resident reception at Sanibel City Hall on Wednesday, March 6 at 9 a.m. Coffee and muffins will be served.

The reception will be hosted by Mayor Kevin Ruane, Vice Mayor Mick Denham and City Councilmembers Chauncey Goss, Jason Maughan and Holly Smith. RSVP by March 2 to 472-3700.

Sanibel City Hall is located at 800 Dunlop Road on Sanibel.*



SCCF 239/472-2329 www.sccf.org
SCCF Nature Center — 3333 Sanibel-Captiva Road
Bailey Homestead Preserve — 1300 Periwinkle Way
Native Landscapes & Garden Center — 1300 Periwinkle Way — 472-1932

THIS WEEK AT SCCF

Mon-18

WEEDS & SEEDS

Stay at SCCF to explore the East River Trail with this group of amateur botanists, armed with a plant list. Walk lasts about two hours. Please bring a hat, water, sun-block, and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:45 a.m. Walks are free but donations to SCCF are welcome.

Wed-20

BOWMAN'S BEACH WALK

Meet your SCCF guide at Bowman's Beach at the foot of the bridge to the beach. Walk towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail, looking for shorebirds and gopher tortoises. Free to all but you must pay to park. Wednesdays, Feb. 20 and 27 at 9 a.m.

Tues-19

CONSERVATION PHOTOGRAPHY & ETHICS

With the rise of digital cameras and smartphones, the world of photography has been made accessible to just about everyone. Wildlife and landscape photography are especially popular in Southwest Florida but these ecosystems are fragile. Learn about conservation photography and what considerations to keep in mind. SCCF Public Outreach Coordinator Alexis Horn is a published professional photographer. Tuesday, March 19 at 10 a.m. \$5. Members and children free.

Thurs-21

TURTLE TRACKS

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. You can also learn more about the devastating impacts on sea turtles of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

Tues to Thurs

TRAIL WALKS: EXPLORE SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Join us for a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Guided trail walks offered Tuesday through Thursday at 11 a.m. Meet at the Nature Center and proceed to the trails. \$5. Free to members and children.

SCCF at Work



Shorebird Biologist Audrey Albrecht on Hemp Key helping the Marine Lab assess sites for future oyster reef restoration projects. The Lab has applied for grants for oyster and mangrove restoration, and it is believed that habitat restoration projects will help increase the value of the habitat for shorebirds, such as the American Oystercatcher. Hemp Key is one of many bay islands that were badly damaged by 2004's Hurricane Charley.

Programs meet at the Nature Center, 3333 Sanibel-Captiva Rd, unless otherwise noted.

CROW Calendar Of Events



The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 15, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 15, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Friday, February 15, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 15, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, February 16, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned”

might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 16, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, February 18, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 18, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters.

This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, February 18, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 19, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13.

Photography opportunity following the tour with an animal ambassador.

Tuesday, February 19, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Tuesday, February 19, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, February 19, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: The Story of Ospreys presented by Claudia Burns, volunteer for The International Osprey Foundation

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Wednesday, February 20, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 20, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or

detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

Wednesday, February 20, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 20, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Thursday, February 21, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 21, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Thursday, February 21, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 21, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.✪

Fish Caught



David Blanchflower

photo provided

David Blanchflower caught a 33-inch snook on the last cast of the day recently. This was his best catch of the year so far.✪



A pair of ospreys

photo courtesy The International Osprey Foundation

Presentation On Ospreys At CROW

If you're curious about those large brown and white birds who nest way high up and make a lot of noise, come to the Clinic for the Rehabilitation of Wildlife (CROW) Visitor Education Center on Tuesday, February 19 at 4:15 p.m. for The Story of Ospreys.

Ospreys breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe – and often entertaining. But it's not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 25-plus years as an International Osprey Foundation volunteer, uses photos, videos, recorded vocalizations and humor to explain

osprey behavior. The presentation is dedicated to Mark "Bird" Westall, founder of The International Osprey Foundation, who lost his battle with ALS.

Prior to the presentation, visitors may explore the Visitor Education Center, which exhibits CROW's commitment to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine and is located at 3883 Sanibel-Captiva Road, across from The Sanibel School. Reservations are recommended, with admission of \$10 for adults, \$5 for teens, free for children under 13.

For reservations or more information, call 472-3644 ext. 229 or email info@crowclinic.org. To learn more about CROW, visit www.crowclinic.org.✪



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Strawberry or Blueberry Icebox Pie

4 cups fresh strawberries, sliced (or blueberries)
 1 tablespoon sugar
 1 tablespoon cornstarch
 1 tablespoon fresh squeezed lemon juice
 1 tablespoon lemon zest
 3 cups heavy whipping cream
 1/4 cup confectioners sugar
 1 teaspoon vanilla extract
 8 to 10 full sheets of graham crackers, roughly crushed

In a small sauce pot over medium-low heat, combine 2 cups sliced berries, corn starch, lemon juice, sugar, and lemon zest. Cook, while stirring, until a sauce has formed, about 5 minutes. Remove from heat

and cool.

In a large mixing bowl add the heavy cream, confectioners sugar, and vanilla extract. Whisk to form stiff peaks.

Line the inside of a 9x5 inch loaf pan with plastic wrap. Extend the plastic wrap over edges, for easier removal.

To assemble, spread an even thin layer of the whipped cream on the bottom. Next add a layer of crushed graham crackers, then a layer of sliced berries then drizzle a layer of the berry sauce. Repeat this process until the pan is full. Cover the pie using the extended plastic wrap and freeze.

Before serving, place the frozen pie in the refrigerator for 1 hour. Use the extended plastic wrap to remove pie from the pan and place on a platter. Slice and serve cold. Garnish with whip cream, crushed graham crackers and/or berry sauce.✱



Strawberry or Blueberry Icebox Pie
 photo courtesy Fresh From Florida

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Barbara Dexter plays on Sunday. On Monday, it's Mike Arnone. Woody Brubaker plays on Tuesday. Dusk performs on Wednesday. On Thursday, it's Woody Brubaker and Barbara Dexter.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.✱

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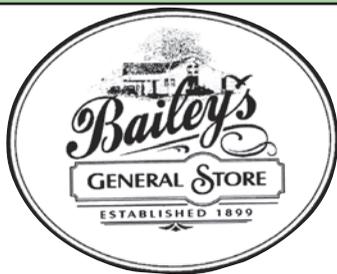
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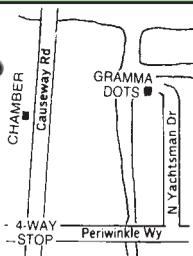
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Shell Found



Ralph Ewing photo provided

Ralph Ewing, visiting from Pensacola, Florida, found a junonia while shelling recently. He's been an owner at Shell Island Beach Club since the 1980s and this is his first junonia. ✨

Shell Found



Jan Prenot photo by A. Zehl

Jan Prenot, visiting from Rockford, Illinois, found a shark's eye while staying at her sister's house at Captain's Walk. "Crack of dawn, look what I found on the last day here," said Prenot. ✨

Shell Found



Anne and Alex Fox photo provided

Ten-year-old Alex Fox and his mom, Anne, visiting from Oxted, England, discovered a junonia on February 8 while they were staying at Shell Island Beach Club. Alex said he's been searching for one for 10 years. ✨

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Laissez Les Bon Temps Rouler At CHR's Mardi Gras



Karen Bell, left, selling Bourbon Bucks to Kathy Bobb and Haley Carter during Community Housing & Resources' 7th annual Mardi Gras fundraiser, held Saturday night at The Community House

photos by Jeff Lysiak



From left, Sheila Barbosa, Anita Smith and Jane Holder



Doug and Sherry Gentry



Bonnie McCurry and Liz Podolsky



Mandy and Steve Greenstein



From left, Melanie Moraga, Les Boyle, Jerry Edelman and Paul Gulbrandsen



From left, Haley Carter with Dan and Sharon Schuyler



Dr. Phillip Marks with Sharon and Jerry Miller



Melissa Rice and Richard Johnson



From left, Rene and Margarethe Miville with emcee Arlene Dillon



Dennis and Joan Germundsen dancing the night away



Fundraiser guests playing craps



Island Brass playing *When The Saints Go Marching In*



The Great Room of The Community House was decorated with a New Orleans-style theme



Mardi Gras attendees playing poker



The Porch Dogs entertained the crowd with Cajun and Zydeco music



Guests sampling from an assortment of bourbons at the paddlewheeler-themed bar, dubbed *The Sanibel Queen*

The Community House

Horseradish



by Resident Chef Jarred Harris

Horseradish is an ingredient I always keep in my pantry. It can be found in most grocery stores prepared in jars, or sometimes it can be found fresh at the farmers market. I prefer “fresh” grated horseradish because the pungent flavor is slightly stronger and it tastes fresh.

Horseradish is the root of the *Armoracia rusticana* plant. It is a member of the Brassicaceae family and related to wasabi, mustard and Brussels sprouts. The leaves and root of the horseradish plant are edible and both have been used medicinally for thousands of years. The root has been used as an aphrodisiac, a condiment for meats and a bitter herb at Passover.

Before being named “horseradish,” the plant was known as “redcole” or “mere root” in English. The word horseradish wasn’t applied to the root until the 1590s, even though the plant is poisonous to horses.

Horseradish was introduced to North

America during the colonization of the United States. In fact, George Washington and Thomas Jefferson grew horseradish in their gardens and wrote of the medicinal qualities of the plant.

Horseradish is an excellent source of dietary fiber, vitamin C and folate. It also contains calcium, magnesium, manganese, potassium and zinc.

Other health benefits of horseradish include its antibiotic properties, it improves lung health and aids in digestion. Because horseradish contains powerful anti-oxidants, it is used to detoxify the body, boost the immune system, lower blood pressure and prevent certain types of cancer.

Here is an interesting recipe to try:
Horseradish and Herb Dumplings
Ingredients

- 1 cup all-purpose flour
- 2 tsp. baking powder
- ½ tsp. salt
- 1 tbsp. coconut shortening
- 1 tbsp. fresh parsley (chopped)
- ½ cup horseradish (prepared)

Method

Take the first four ingredients and place in a food processor. Pulse until a crumbly consistency is formed.

Add the parsley, horseradish and pulse until a ball is formed.

Remove the dough from the bowl and place on a floured surface. Form into small balls (at this time, the balls can be frozen and used later).

Place the dumplings into a simmering stew and cook for 30 minutes or until a toothpick inserted in a dumpling comes out clean.

Resident Chef Jarred Harris heads the Culinary Education Center at

The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✳

American Legion Post 123

American Legion Post 123 is having a fish and shrimp fry this Sunday, February 17 from noon to 8 p.m. The following Sunday, February 24, barbecued ribs and chicken are on the menu from noon to 8 p.m.

All are welcome to join in the fun on Open Mic Night, held every Thursday from 5 p.m. to close.

Non-perishable food items for FISH of SanCap can be dropped off during regular operating hours.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11



a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✳

From page 1

Comedy Reading

background, having performed in plays, musicals and worked as a director in Cleveland and Florida. She most recently played Madame Arcati in the BIG ARTS Community Players production of *Blithe Spirit*. Harriet Edwards (Rita), a retired professor of English at the University of Cincinnati, has performed in a number of high school, college and community theater productions. On Sanibel, she appeared in the staged reading of *ART*. Ken Moriarity (Royal Sargent) was a professional TV newscaster, studied with the Los Angeles Theatre of Arts, and acted in a number of industrial films and marketing/sales training films. On Sanibel, he appeared in *An Evening of Radio Theatre*. Debby Flint (Charlie) performed in a number of college and community theater productions. Robert Runck (director) has directed and performed in several play readings for the BIG ARTS Community Players, most recently as Charles Condomine in *Blithe Spirit*. He has acted professionally with the American Repertory Theater and directed plays in Florida, Massachusetts and New Hampshire.

Tina Howe is an American playwright. In a career that spans more than four decades, Howe’s best known works include *Painting Churches, Museum, The Art of Dining, Coastal Disturbances* and *Pride’s Crossing*.✳

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Book Review

Before We Were Yours



by Di Saggau

Lisa Wingate's poignant novel *Before We Were Yours* is inspired by a true story – two families, generations apart, are forever changed by a heartbreaking injustice. It's a story about children taken

from their parents through kidnapping or subterfuge and then placed for adoption, for a price. The plot is based on actual incidents that are a shameful indictment of a set of people who preyed upon the vulnerability of children and their parents.

The book is written from two viewpoints. One is present day in Aiken, South Carolina and centers on Avery Stafford. She has a successful career as a federal prosecutor, a handsome fiancé and a lavish wedding on the horizon. But when Avery returns home to help her father weather a health crisis, a chance encounter leaves her with uncomfortable questions and compels her to take a journey through her family's long-hidden history, on a path that will ultimately lead either to devastation or to redemption.

The other viewpoint, is Memphis, 1939 where 12-year-old Rill Foss and her four younger siblings live a magical

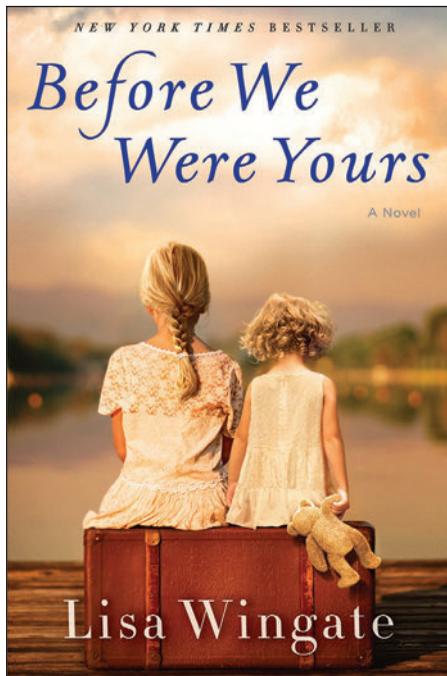


image provided

life aboard their family's Mississippi River shanty boat. But when their father must rush their mother to the hospital one stormy night, Rill is left in charge, until strangers arrive in force. Taken from all that is familiar and thrown into a Tennessee Children's Home Society orphanage, the Foss children are assured that they will soon be returned to their parents. They quickly realize the dark truth. They are at the mercy of the facility's cruel director. Rill fights to keep her sisters and brother together in a

world of danger and uncertainty.

The two stories told side by side never overshadow the other. Wingate is able to get readers into the heads of both Avery and Rill and make their goals crystal clear. This near perfect novel invades your heart from the very first pages and stays there long after the book is finished. It is based on one of America's most

notorious real-life scandals, in which Georgia Tann, director of a Memphis-based adoption organization, kidnapped and sold poor children to wealthy families all over the country. I was fortunate to hear Lisa Wingate speak at a book club I belong to, and I strongly suggest you read *Before We Were Yours*, as it's not to be missed.✱

School Smart



by Shelley M. Greggs, NCSPP

Dear Shelley,

My sixth grade son has recently had a series of disappointments at school. He did not make the basketball A team, didn't make honor roll last marking period, is struggling in math and a few other things. He's been pretty down lately and feels somewhat rejected. I want to help him handle these disappointments and get him back on track at school. What might help?

Pam A, Fort Myers

Pam,

Rejection and disappointment are two difficult feelings to have, and it is inevitable that our kids will feel disappointed, rejected and defeated at times. When we don't reach some of our goals, we can fall into a trap of self-blame and pessimism. Psychologists say that resiliency, sometimes called grit, is a characteristic that can help children work through these powerful feelings and "resiliency or grit" can be developed through parental coaching and guidance.

Here are some recommendations for parents about teaching their children to cope with strong feelings and for developing skills to build resiliency.

Comfort and validate their experiences. When kids feel validated and understood, it helps them build a sense of self. It also normalizes their feelings. When children are able to feel and tolerate uncomfortable feelings, the easier it is to handle them the next time around.

For example, if your child is disappointed because he did not win, get an A, get invited, etc., you could say, "That's so disappointing, I know you were really hoping to..." Many well-intentioned

parents attempt to minimize feelings of disappointment for their kids, when they really should be validating their kids' feelings. Your child is disappointed and may need some comfort before he can consider the other alternatives.

Make failing safe. Most of us are afraid of failure. Failure is an excellent learning experience, albeit an uncomfortable one. It can help us reassess our goals and come up with a new game plan to try again. The old adage about learning from one's mistakes is quite accurate in this regard and should be used often with children. Encourage them to continue and preserve no matter the failure. It's very important to make them understand that to "try again," as is said, shows strength and determination.

Align your children's value to their distinctive qualities and character, not their achievements. All parents want their kids to go to the best schools, get straight A's and be superstars, but this pressure to succeed can send a message that your self-worth is directly correlated to your achievement.

We all want to protect our kids from trials and tribulations, but if we shelter them for too long, it may hinder their ability to develop a sense of self-efficacy. When we try to solve problems for them or intervene on their behalf, it sends a message that we don't think they can do things on their own and they start believing that. Try problem solving together and it will give them the confidence to handle situations in the future and give you the reassurance that they can handle it.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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Dr. Bruce Neill teaches students about red tide at Bunche Beach photo provided

Sea School Offers Algal Bloom Talk And Field Trip

Sanibel Sea School will offer two opportunities to learn about the harmful algal blooms that have affected Sanibel and surrounding areas. The events will be held on Wednesdays, February 20 and March 20 from 9 a.m. to noon.

Dr. Bruce Neill, the organization's

executive director who is also a knowledgeable marine biologist, will give a talk about the science behind algal blooms including red tide. He will suggest ways for individuals to help solve water quality challenges.

After the talk, there will be an optional field trip to Bunche Beach Preserve in Fort Myers for an exploratory beach walk. Transportation will be provided. Cost is \$10 per person. Call 472-8585 to RSVP.

Sanibel Sea School is located at 455 Periwinkle Way on Sanibel. To learn more, visit www.sanibelseaschool.org.

BIG ARTS Monday Night Film Series

Shoplifters

by Di Saggau



The BIG ARTS Monday Night Movie for February 18 is a Japanese drama, *Shoplifters*, winner of the Palm d'Or, about a makeshift clan of middle-class thieves struggling to get by. It's a family drama that will steal your heart. It opens with a scene that sets the table for what's to come. A man and his pre-teen son are lifting items from a grocery store. They see a little girl locked out of her apartment and freezing on a balcony. They take her home and feed her like a stray cat. This adorable 5-year-old, called Yuri, finds a solace she's never known. Burn marks on her arm show she has been abused. The entire family, including the grandmother, vote to keep the young girl and rename her Rin.

It isn't long before Rin joins the family's shoplifting business, proving to be a natural, until something goes terribly wrong and the law comes looking for her. There are a lot of things we don't know about this makeshift family and the final half hour of the film is some of the most emotional and powerful filmmaking of the year. Director Kore-eda Hirokazu is a humanist storyteller who expertly directs his amazing cast.

Shoplifters is destined to be an enduring classic, as Hirokazu examines the nature of what makes a family and how it stands up to poverty, prosecution and government neglect. The filmmaker's critique of labor conditions in Japan is all too easy to apply to other countries.



image provided

Hirokazu shows how this unique family group finds a nurturing love in the confines of their cramped quarters. The ending is a surprise that enriches the film's enveloping mystery. The film runs 121 minutes. Moderator for the evening is Malcolm Martini.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.

BIG ARTS SANIBEL ISLAND THEATER BACKSTAGE



A MOST REMARKABLE FELLA FEBRUARY 28, 7:30 P.M.

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Academy Award Contenders

If Beale Street Could Talk



by Stan Gembicki

On Wednesday, February 20 at 12:30 p.m., Island Cinema will show the last movie in this year's BIG ARTS Film Society Academy Awards Contenders Series. After the

movie, a discussion will take place at the cinema, where tickets are available.

Set in early-1970s Harlem, *If Beale Street Could Talk* is a timeless and moving love story of both a couple's unbreakable bond and the African American family's empowering embrace as told through the eyes of 19-year-old Tish Rivers (screen newcomer KiKi Layne). A daughter and wife-to-be, Tish vividly recalls the passion, respect and trust that have connected her and her artist fiancé Alonzo Hunt, who goes by the nickname Fonny (Stephan James). Friends since childhood, the devoted couple dream of a future together but their plans are derailed when Fonny is arrested for a crime he did not commit.

If Beale Street Could Talk has been nominated for three Oscars; Best Supporting Actress (Regina King), Best Adapted Screenplay (Barry Jenkins) and Best Original Score (Nicholas Britell).

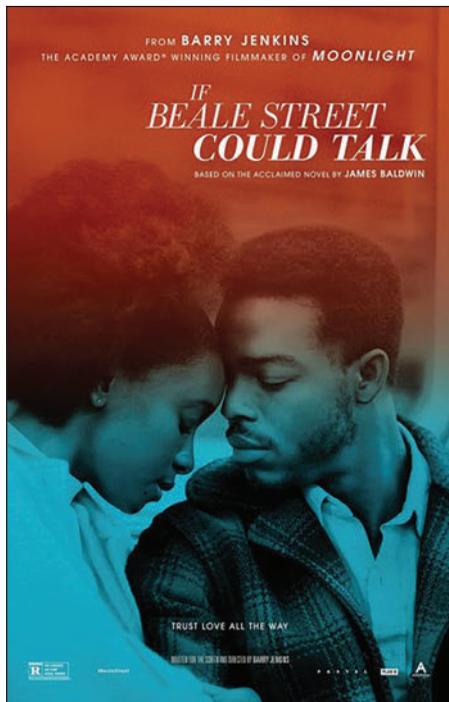


image provided

The film runs one hour and 59 minutes. Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.*

Dean's List

Sanibel native Deanna Marie Craig was recently named to the Dean's List for the fall 2018 semester at Clemson University. She is majoring in civil engineering.*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:
Starting 3 Sketchbooks with Francesco Gillia – Tuesday, February 19, 9:30 a.m. to 3 p.m.

WOW (Wet-On-Wet) Boot Camp with Patty Kane – Tuesday and Wednesday, February 19 and 20, 9 a.m. to 3 p.m.

Acrylic Painting, Still Life with Barbara Lipman – Tuesdays, February 19 to March 26, 10 a.m. to noon.

Wheel Throwing and Slab Building with Clay with Martha Grattan – Tuesdays, February 19 to March 19, noon to 3 p.m.

Learn to Write a Beach Style Thriller Novel with Nancy Daversa – Wednesday, February 20, 10 a.m. to noon.

Clay Sculpting & Pottery on the Wheel with Marjorie Bronsted – Wednesdays, February 20 to March 27, 3:30 to 6 p.m.

Shells 2 Share/Seashell Decorating with Meg Scott – Thursday, February 21, 9:30 to 11:30 a.m.

Clay 101/201: How to Be Creative With Clay with David Hoggatt – Thursdays, February 21 to March 28, 9 a.m. to noon.

Spanish I & II with Barbara Peterson – Saturdays, February 23 to March 30, 9 to 10:30 a.m.

Paint Seascapes in Oil with Douglas David – Tuesday and Wednesday, February 26 and 27, 9:30 a.m. to 3:30 p.m.

HD LIVE at the Met Lecture on *La Fille du Regiment* with Tom Cimarusti – Friday, February 28, 1 to 3 p.m.

Acrylics for Beginners & Intermediate Painters with Jane Hudson – Fridays, March 1 to 22, 9:15 to 11:45 a.m.

Intermediate Tap with Bobby Logue – Fridays, March 1 to 22, 9 to 10:30 a.m.

Life Drawing, Open Studio, Non-Instructed with Carol Rosenberg – Fridays, March 1 to 22, 9:30 a.m. to noon or 12:15 to 2:45 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended.

For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.*

Top Ten Books

1. *Euphoria* by Lily King
 2. *Milkman* by Anna Burns
 3. *Alice Network* by Kate Quinn
 4. *Something Fishy* by Jennifer Schiff
 5. *Baker's Secret* by Stephen Kiernan
 6. *My Husband's Wife* by Jane Corry
 7. *Unsheltered* by Barbara Kingsolver
 8. *Liar Liar* by James Patterson
 9. *Where the Crawdads Sing* by Delia Owens
 10. *Late in the Day* by Tessa Hadley
- Courtesy MacIntosh Books and Paper.*

President's List

Georgia M. Congress, a resident of Sanibel, has been named to the President's List at Clemson University for the fall 2018 semester. Congress is majoring in early childhood education.*

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Concert And Silent Auction This Saturday For CREW Land Trust

CREW Land & Water Trust will hold the CREW Concert Under the Stars at Riverside Park on Saturday, February 16 from 5 to 9 p.m.

CREW's largest fundraiser will feature The High Voltage Band, playing everything from Motown's greatest hits to today's Top 40 songs. The group has played for the NFL Players Association, The Boston Red Sox, Toyota, The Dale Earnhardt Jr. Foundation and Hope for Haiti.

This year's concert will raise funds for CREW's Dr. David R. Cooper Education Fund, named for the CREW Trust's longest-serving volunteer, Dr. David Cooper, who passed away in May 2018.

A unique artistic collaboration is the centerpiece of this year's silent eco-auction. Lucas Century of Lucas Century

Glass is working with CREW Trust member Dick Anderson to create a coffee table with a driftwood base, topped with beveled glass, sandblasted with an image of a swallow-tailed kite. The one-of-a-kind table is signed by Lucas Century.

"Swallow-tailed kites have been a part of our logo for years," said CREW Executive Director Brenda Brooks. "These graceful birds return to Southwest Florida every year and many nest within the CREW Project. We are excited to see one of our favorite birds captured in this unique piece of art."

Other auction items include handcrafted bird boxes, private hikes and tours, sunset and shelling cruises and one-of-a-kind works of art.

General admission tickets are \$15 in advance and \$20 at the gate; children age 12 and younger are admitted at no charge.

Riverside Park is located at 10451 Old 41 Road in Bonita Springs. To purchase tickets or for more information, visit www.crewtrust.org.



Dick Anderson and Lucas Century with the table they designed for the silent auction photo provided

From page 1
Reception



Seascape by Douglas David

image provided

David on Thursday, March 21 beginning at 2 p.m. at the Captiva Civic Center. Learn the principles in his teaching and how he builds a wave, captures the light, the shadow and the colors in the wash

back as he paints a seascape oil. There is no charge for admission but seating is limited. For reservations, call 472-2111.

The Captiva Civic Center is located 11550 Chapin Lane on Captiva.

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FEATURED ARTISTS

clockwise from top right

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encaustic paintings

Amy Gross
fiber sculpture

Meredith Host
ceramic tableware

Taylor Robenalt
porcelain sculpture

Deborah Martin
pen and ink drawings

Kirsten Stingle
narrative ceramic sculpture



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The original sign from the historic Jacaranda Restaurant will be available in the auction. Holding the sign are Eve Alves, owner of The Jac Sanibel Island Bar & Grill, who donated the sign to Kiwanis, and Kiwanian Eric Pfeifer. photos provided

Kiwanis Spaghetti Dinner Is Next Saturday

The annual Kiwanis Spaghetti Dinner will feature an all-you-can-eat Italian feast, with pasta, meatballs, salad, garlic bread, wine and sodas as well as

raffles, a live auction and a silent auction at The Community House on Saturday, February 23. Dinner is served from 4 to 8 p.m.

A wide range of unusual merchandise and gift items are coming together for this year's annual event including jewelry items, artwork and crystal, bikes and sporting equipment, toys, tools, electronics, clothing items and plenty



Raffle items include something for everyone, and the price is right

of gift certificates for local resort stays, restaurants and services. Plus, some one-of-a-kind items you won't find anywhere else.

Before the raffle and auction begin, attendees are treated to the spaghetti dinner served by the members of the Sanibel-Captiva Kiwanis Club. Admission is \$10 in advance or \$11 at the door. Children under age 10 eat for free. Advance tickets can be purchased from any Kiwanis member or at Bank of the Islands, Bailey's General Store, Sanibel Captiva Community Bank, Big Red Q Printers, Island Pharmacy or Periwinkle Park.

Funds raised at the dinner are used by the Kiwanis Charitable Foundation to benefit community youth of the

islands, through scholarship and youth recreational programs. Over 26 different local groups and programs receive support from the spaghetti dinner proceeds.

Primary sponsors for this year's event are: Lee Health Foundation, Il Cielo Restaurant, Bank of the Islands, The Sanibel Captiva Trust Company, Bailey's General Store, Sanibel Captiva Community Bank, Big Red Q Printing and The Bubble Room. In addition to these primary sponsors, many other island businesses show their support by contributing food items, plus prizes that are placed in the raffle and auction.

The Community House is located at 2173 Periwinkle Way on Sanibel.*



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Book Signings, Storytime And Music At Library

As Sanibel Public Library continues the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours.

The book talk for *Alligators, Sharks & Panthers: Deadly Encounters With Florida's Top Predator* – Man with Charles Sobczak will be held on Friday, February 15 at 2 p.m.

Author Jennifer Schiff will be discussing her books from the Sanibel Island Mystery Series. She will also have copies of her books for sale at her book signing at 2 p.m. on Monday, February 18.

On Tuesday, February 19, singer Dave Kilbride returns to the library with his guitar to perform favorites from the '50s and '60s. The program starts at 2 p.m.

At 2 p.m. on February 20, Eric Jackson of the Lee County Mosquito Control District will talk about the new sterile insect program planned for Captiva.

On Thursday, February 21 at 2 p.m., Holly Shaffer from the Edison Ford Winter Estates will chronicle local history of baseball and spring training.

Authors Pam Miner and Jared Beck will be at the library for a book signing and discussion of their book *River & Road: Fort Myers Architecture From Craftsman to Modern* at 2 p.m. on



Periwinkle Carvers, from left, Peggy Lovett, Ed Sessa, Eric Luks, Tyler Schoenherr, Jack Price, John Dallas and Wini Blacklow photos provided

February 22.

The full event schedule, which includes technology programs in Virtual Reality (VR), is on the calendar at the library's website at www.sanlib.org.

The public is invited to these library programs. There is no registration required and no additional cost to participate.

Stop by the library this month to see works by Periwinkle Carvers Club. The club was founded to provide an outlet for woodcarvers to share ideas, stories and techniques. Various methods are used including power carving, knives and whittling. They meet at Sanibel



Ed Sessa's Folk Ark

and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew, for children in kindergarten to third grades, will meet at 3 p.m. on Thursdays. There will be books, crafts, plus a snack provided. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No advance registration is required for weekly children's programs.

For more information, call 472-2483 or visit www.sanlib.org.

Community Church on Thursday mornings from 9 a.m. to 1 p.m. Club member Ed Sessa said, "We welcome experienced carvers as well as beginners, to help each other improve our skills, give advice as to materials and tools, and make woodcarving an enjoyable pastime."

Weekly Children's Schedule

G geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building and playing, with books and a snack.

Storytime for preschoolers and their caregivers will be held on Wednesdays



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Highlights From Angel Appreciation Party At BIG ARTS



June Rosner and Linda Green

photos provided



Hyde Tucker and Penny Wilkinson



Mike Klein and Amy Matsumoto



Maureen and Dick Wright



From left, Jim Pigott, Amy Nowacki, and Lisa and John Schmidlin



Ron and Janice Chaddock



From left, Ann Cooper, Nancy Traylor, Pat O'Daniel and Gaye Pigott



Jack and Helen Gracey



From left, Patricia and Davis Thurber with Ralph Clark



Wayne Boyd and Steve Greenstein



From left, Finley Hall, Lucy Wolf and Ethan Doss cheer as their dinosaur is first to cross the finish line photos provided



Nathan Ames and Landon Reason compete against Grant Muddell to ring the dinosaur



From left, Lila Fields, Caroline Muddell and Ava Selby move their dinosaur while table parent Susan Schulte looks on

Prehistoric Fun For Youth Ministry

On January 23, the Sanibel Community Church's LOGOS youth ministry went back in time and celebrated a "dino-mite" evening with their friends and group leaders. The night was filled with music, inflatable dinosaurs and flying perodactyls that the children crafted

themselves. They had a family-style dinner of chicken pot pie and applesauce. Students went on an archeological dig in their dirt pudding cups desserts. Each archeologist found tiny treasures of gummy dinosaurs or gummy worms. Everyone imitated the prehistoric dinosaurs and devoured their dirt cups.

To top off the night, they competed in Dino Races, which included robotic dinosaurs racing to cross the finish line.

LOGOS Dino Night was a fun time for all.

LOGOS meets every Wednesday night from 3:30 to 6:45 p.m. at Sanibel Community Church, located 1740

Periwinkle Way. If you have a child that is pre-k to fifth grade and are interested in finding out more about the program, contact Holly Patton-Roark at 472-2684.*



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Eric Eikenberg, CEO of The Everglades Foundation, speaking on the issue of water quality in front of a standing room crowd on February 7 at the Captiva Island Yacht Club

photos by Jeff Lysiak



From left, Dr. Stephen E. Davis, Eric Eikenberg and Suri Sehgal

Everglades Restoration Forum Held On Captiva

by Jeff Lysiak

Last Thursday morning at the Captiva Island Yacht Club, a standing room only crowd attended an hour-long presentation about restoration efforts in Florida's Everglades. The lecture, part of the club's ongoing environmental awareness initiative, was delivered by Eric Eikenberg, CEO of The Everglades Foundation, and Dr. Stephen E. Davis, III, PhD, the foundation's senior ecologist.

Among the subjects discussed by Eikenberg and Davis was the current status of the Everglades, why red tide and blue-green algae blooms dramatically affected South Florida's shorelines and how they can be prevented in the future, details of the Everglades Agricultural Area (EAA) Reservoir and why there are encouraging reasons to hope that water quality in the state will be improved under the leadership of new Gov. Ron DeSantis.

"What we need now is a sustained effort by our citizens to pressure politicians and keep this (water quality) issue front and center," said Bill Riley, founding director for The Everglades Foundation and a member of the Captiva Island Yacht Club.

As the foundation's CEO, Eikenberg



Bill Riley, founding director for The Everglades Foundation

oversees a team of nationally recognized scientists, educators, lobbyists and communications and development professionals, all working together to achieve a decades-long campaign to restore America's Everglades. Prior to his appointment in 2012, he served as chief of staff to former Gov. Charlie Crist and former U.S. Rep. Clay Shaw, the latter who authored the landmark \$8.4 billion Comprehensive Everglades Restoration Plan (CERP).

Speaking about DeSantis, Eikenberg told the crowd, "The beauty of having new leadership is the opportunity for prized appointments." And speaking



Dr. Stephen E. Davis responding to a question

about Sanibel resident Chauncey Goss and his recent appointment to the South Florida Water Management District's governing board, he added, "He brings experience that's going to bring great things to the district."

Eikenberg also praised DeSantis' executive order calling for significant funding increases for Everglades restoration and water resource protection projects.

"Now we have a governor who wants to see change, not in 15 to 20 years but during the four years of his term in office," he added.

Among the problems with managing water flowing from Lake Okeechobee

to the Everglades is the lack of natural direction of discharged water; freshwater flows have been directed east and west of the lake, negatively affecting both the St. Lucie and Caloosahatchee estuaries. Additionally, although there have long been plans to create storage areas for excess water, over the years those plans have been sidetracked by members of the agricultural industry and politicians (state and federal) alike.

Davis discussed ecological changes within the Everglades that were triggered by manmade structures and systems. "It should come as no surprise that there are 70 species of plants and wildlife that

continued on page 9B

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Real Estate Firm Launches Campaign

Pfeifer Realty Group launched its 2019 Community Support Campaign with a \$1,000 contribution to “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) to help fund the Woodring 100th Anniversary Exhibit.

“We appreciate the support and impact this donation makes on the work that can be done here at the refuge. It’s an honor to be the first to receive a gift from Pfeifer’s 2019 Community Support Campaign,” said Birgie Miller, DDWS executive director. “It takes everyone working together to have an impact on our island communities.”

Unveiled to the public at the Visitor & Education Center on January 23, the Woodring Exhibit celebrates 100 years of Woodring Point history through the lens of the late iconic photographer Charlie McCullough as well as artifacts from both the Sanibel Historical Museum and the Woodring Homestead.

“The Woodring 100th Anniversary Exhibit gives the public a glimpse into a unique part of the refuge that is steeped with Sanibel’s early history,” said Paul Tritaik, JN “Ding” Darling National Wildlife Refuge manager. “We are proud to host this one-of-a-kind exhibit in partnership with the “Ding” Darling Wildlife Society and grateful to



From left, Sierra Hoisington, DDWS development officer, Birgie Miller, DDWS executive director, Eric and Mary Ellen Pfeifer, and Paul Tritaik, refuge manager photo provided

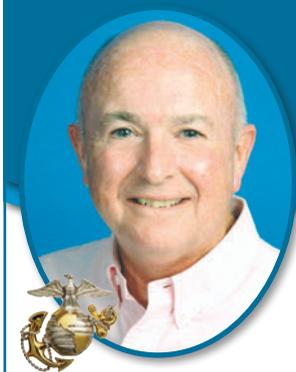
Pfeifer Realty Group for helping make it possible.”

The refuge’s acquisition of the Woodring estate in 2013 helps to preserve a rare example of a true Florida Cracker-style homestead where one’s survival required grit and ingenuity.

“It’s rare to live in a town where pioneer families and their descendants walk among us. What a treasure we have here on these islands to be able learn and embrace our history and the opportunity to help preserve it for others,” said Eric Pfeifer. “Our brokerage

is honored to support the work and efforts of the ‘Ding’ Darling Wildlife Society.”

The Woodring 100th Anniversary Exhibit is free and open to the public and will be on display in the visitor center until March 25.*



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- Multiple Dwellings & Parcels w/Beach Access
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- Awesome Roosevelt Channel "Point" Location
- Big Water Views w/Multiple Newer Boat Docks
- Beautiful Florida Style Residence offering Gorgeous Island Setting
- Privacy within Captiva Gold Coast
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PREMIER SANIBEL ISLAND HOME



- Quality throughout offering all the bells and whistles
- 4/4 w/multiple additional options. Super resort style pool and lap lane
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- Beautiful tropical landscaping. Steps to the beach.
- **Price: \$2,495,000**

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A brand-new home steps from one of Sanibel's nicest beaches photos by Virginia Jones

Explore Bachelor Retreat During Zonta Home Tour

submitted by Sue Denham

Zonta introduced the second home to be featured on the upcoming tour, A Peek at the Unique – and it's a “first” for the event, now in its

18th year – a home designed for and by a bachelor. Built by American Gallery Homes for entrepreneur and car enthusiast Mark Litzsinger and his three dogs, Bentley, Sanibel and Aston, this brand-new residence will become their permanent home.

Set for Saturday, March 16, the annual tour raises funds to be awarded, through the Zonta Foundation of Southwest Florida, in grants to local nonprofits whose mission mirrors



Comfortable guest room with beach-themed art and colorful pillows



The beach vibe continues with a coral-filled lamp and specimen shells

Zonta's own: empowering women. Every year, four distinct and normally inaccessible island homes are generously opened to “Peekers,” who ride comfortably in air-conditioned luxury buses, with a guide, receiving special insights into each home before they visit.

Tickets are on sale now at www.EventBrite.com for \$100 each plus a small service fee; scroll down to find available departures, with best choices beginning at 1 p.m. Before boarding, guests are also treated to satisfying “light bites” from Sanibel's finest restaurants, caterers and supermarkets. Hurry to sign on for this sought-after outing, which takes about three hours. Every dollar in proceeds will help fund programs that improve women's lives.

Steps from one of Sanibel's nicest beaches, and named “Double Eagle” for works by New Mexico sculptor Eddie Shorty, Litzsinger's home pays tribute to his wide-ranging interests, especially – as he tells it – boats, dogs and cars. Neutral tones provide a backdrop for framed art

of sailboats and vintage automobiles, and shelves display collections of unique items shipped from all over the world. Edie Gleason, his design consultant, said: “It was like Christmas every day,” as boxes arrived and she was challenged to find the perfect spot for each treasure.

From the 20-foot, vaulted ceiling in the living room to the luxurious master suite with deep navy walls, and from practical, wood-tone tile floors to the classic kitchen, this home has a distinctly masculine vibe while also serving as the definitive beach home, planned for easy living.

Generously sponsored by American Gallery Homes, a first-time sponsor of the Peek.

The Zonta Club of Sanibel/Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women and girls on the islands, in Lee County and around the world through Zonta International. For more information on Zonta and on the Peek, visit www.zontasancap.com.*

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SUNDAY, FEBRUARY 17 • ALL DAY • 10 AM – 4 PM

14941 Canaan Ct - Fort Myers
Beautiful home on wide basin with over 3160 square feet of luxurious living, private dock. Updated kit w/f/p, beautiful new floors. Ht pool, spa entertainment area overlooking water. \$1,299,000

534 N. Yachtsman Dr- Sanibel Estates
Great location on deep water canal, 3 minutes to gulf - 3BDR, 2BA, pool and a 70' dock! Don't miss this one. \$989,000

784 Limpet Dr - Shell Harbor
Amazing 4/3 on direct access sea-walled canal. Only minutes to the Gulf! \$1,789,000

Surfside 12 A1 - 545 E Gulf Dr
Gorgeous gulf views from this spacious 3/2. Low density condo on desirable East end. \$799,000

White Pelican 133 - 651 E Gulf Dr
Penthouse condo w/private rooftop sundeck plus cabana! 3BR/3BA + Den, chef's kitchen, upscale appointments. Small 11 unit compound, pool, tennis, beach walk-over. \$1,785,000

Yacht Haven 2 - 800 Sextant Dr
Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

1442 Sandpiper Cir - Dunes
Perfect Winter Retreat! Efficient 2/2. Quiet neighborhood. Great water views! Turn Key! \$419,000

Atrium 207 - 2929 W Gulf Dr
Exquisite direct Gulf front 2 bed 2 bath tastefully decorated and updated unit. \$1,550,000

5303 Umbrella Pool Rd - Sanibel Bayous
Beautiful 3+den/2.5BA fully furnished home. Split floor-plan with 2 master suites. Great neighborhood pool & tennis courts. Close to fishing, kayaking, bird watching, sunset. \$719,000

11535 Wightman Ln - Captiva
Almost brand new 4BR/4BA +Den pool home. 6 homes from the Gulf. 2 master suites. EVERYTHING is new: plumbing, electric, HVAC, Roof, Septic, Pool. \$1,849,000

10 AM – 12:30 PM

1212 Sand Castle Rd - Dunes
Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

Pointe Santo D21 - 2445 W Gulf Dr
2BR/2BA offering at Pointe Santo. Corner unit, private location, lovely views of the water & preserve across the street. On site resort programs, pool, clubhouse, tennis AND weekly rentals. \$675,000

4143 West Gulf Dr
Own a part of Sanibel history and International architectural icon; 1.5 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

1 – 4 PM

Lighthouse Point 111 - 200 Periwinkle Way
Stunning 2BR/2BA + den totally remodeled condo is just steps to the bay and beach. Contemporary kitchen with quartz waterfall countertops and Bosch appliances. Relaxing private patio overlooks beautifully landscaped garden. \$665,000

735 Sand Dollar - Shell Harbor
Sanibel Canal-Front Get-Away. 3BD/3BA plus den. Century-old wood floors, pool, and 13,000 lb lift. Tropical oasis close to the beach. \$1,179,000

772 Birdie View Point - Beachview Estates
Expansive Golf Course & Lake Views from this custom 3BR, 3.5BA pool home. Sold Furnished. \$1,295,000

1730 Jewel Box Dr - Sanibel Isles
Deepwater Direct Access Canal Home. 4BR, 3BA, pool, dock with lift, 3-car garage. \$1,695,000

1747 Jewel Box - Sanibel Isles
Direct Access Canal Home fully renovated 10 years ago. Dock with 13,000lb lift. Very private, tile throughout, 2 screened lanais. 2 Car garage, enclosed lower level. Impact windows & doors. \$989,000

9448 Cotten Ct - Gumbo Limbo
Privacy abounds in this 3 BR, 2 BA Home. Open & spacious floor plan, amazing pool - extensive upgrades. \$875,000

Kings Crown 112 - 2721 W Gulf Dr
Gulf views from this 2BR & 2BA with Den corner unit condo. Amenities: Pool & Tennis. \$699,000

218 Daniel Dr - Seagull Estates
Peaceful 3BR/2.5BA lakefront home in Seagull Estates. Tastefully furnished, panoramic water views. Community pool, tennis, clubhouse and beach access. \$879,000

225 Violet Dr - Long Acre Lake
Olde Florida style home, 3BR/2BA, new windows, roof/decking. Cathedral ceilings, fireplace, 2 screened porches, vinyl siding, Shared deeded beach path & amenities w/Seagull Est. sited on Long Acre Lake. \$965,000

3050 W Gulf Dr - Palm Lake
Remodeled, 3BR/2.5BA, Near Beach Home, 3-Car Garage, Panoramic Lake Views, Great Room w/ Fireplace. \$849,900

405 Tiree Circle - Brightwater
3-BR/2-BA partially elevated home, updated kitchen & baths, lake views & heated pool. \$824,900

984 Black Skimmer Way - Gulf Pines
Cute 3/2 Beach cottage in a nice subdivision. No signs allowed so please find me! \$549,500

5606 Baltusrol Ct - The Sanctuary
Expansive Golf Estate, 4BR/6BA, guest house, lavish master, gourmet kitchen, new roof, all impact glass, 3-car garage & more! \$1,995,000

1304 Sand Castle Rd - Dunes Golf & Tennis
Spacious 3/bed, 2/bath updated home. Vaulted ceilings & skylights. Room for a pool. \$552,000

MONDAY, FEBRUARY 18 • ALL DAY • 10 AM – 4 PM

534 N. Yachtsman Dr- Sanibel Estates
Great location on deep water canal, 3 minutes to gulf - 3BDR, 2BA, pool and a 70' dock! Don't miss this one. \$989,000

784 Limpet Dr - Shell Harbor
Amazing 4/3 on direct access sea-walled canal. Only minutes to the Gulf! \$1,789,000

Surfside 12 A1 - 545 E Gulf Dr
Gorgeous gulf views from this spacious 3/2. Low density condo on desirable East end. \$799,000

White Pelican 133 - 651 E Gulf Dr
Penthouse condo w/private rooftop sundeck plus cabana! 3BR/3BA + Den, chef's kitchen, upscale appointments. Small 11 unit compound, pool, tennis, beach walk-over. \$1,785,000

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Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

Pointe Santo D21 - 2445 W Gulf Dr
2BR/2BA offering at Pointe Santo. Corner unit, private location, lovely views of the water & preserve across the street. On site resort programs, pool, clubhouse, tennis AND weekly rentals. \$675,000

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Exquisite direct Gulf front 2 bed 2 bath tastefully decorated and updated unit. \$1,550,000

3050 W Gulf Dr - Palm Lake
Remodeled, 3BR/2.5BA, Near Beach Home, 3-Car Garage, Panoramic Lake Views, Great Room w/ Fireplace. \$849,900

702 Durion Ct - East Rocks
Fabulous 3 bedroom, 2 bath remodeled beach home. Quartz counter tops, new wood flooring, new baths, salt water pool, new appliances and much more. Open water views. Don't miss this one! \$799,900

5303 Umbrella Pool Rd - Sanibel Bayous
Beautiful 3+den/2.5BA fully furnished home. Split floor-plan with 2 master suites. Great neighborhood pool & tennis courts. Close to fishing, kayaking, bird watching, sunset. \$719,000

11535 Wightman Ln - Captiva
Almost brand new 4BR/4BA +Den pool home. 6 homes from the Gulf. 2 master suites. EVERYTHING is new: plumbing, electric, HVAC, Roof, Septic, Pool. \$1,849,000

10 AM – 12:30 PM

14941 Canaan Ct - Fort Myers
Beautiful home on wide basin with over 3160 square feet of luxurious living, private dock. Updated kit w/f/p, beautiful new floors. Ht pool, spa entertainment area overlooking water. \$1,299,000

Yacht Haven 2 - 800 Sextant Dr
Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

Loggerhead Cay 233 - 979 E Gulf Dr
Beautiful 2BR, 2BA remodeled condo with Gulf views. Sold furnished. Great amenities. \$699,000

651 Donax - Sanibel Shores
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772 Birdie View Point - Beachview Estates
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9448 Cotten Ct - Gumbo Limbo
Privacy abounds in this 3BR, 2 BA Home. Open and spacious floor plan, amazing pool - extensive upgrades. \$875,000

1973 Wild Lime Dr - Sanibel Bayous North
A traditional Sanibel Island "island" living home with a separate two story guest quarters. A great family retreat. \$689,000

2564 Wulfert Dr - The Sanctuary
Lakefront on the 17th hole of the Sanctuary Golf Course. 4 large ensuite bedrooms, 5.5 baths, large office, pool, and spa. Indoor/Outdoor family rooms, ground level master suite. The upgrades are exquisite in this beautiful home. \$1,999,500

1 – 4 PM

735 Sand Dollar - Shell Harbor
Sanibel Canal-Front Get-Away. 3BD/3BA plus den. Century-old wood floors, pool, and 13,000 lb lift. Tropical oasis close to the beach. \$1,179,000

1730 Jewel Box Dr - Sanibel Isles
Deepwater Direct Access Canal Home. 4BR, 3BA, pool, dock with lift, 3-car garage. \$1,695,000

White Sands 25 - 2311 W Gulf Dr
2-BR/2-BA + den with cabana and garage, large lanai, beautiful gulf views, pool. \$999,000

Kings Crown 309 - 2721 W Gulf Dr
Totally redone top to bottom. 2 BR, 2BA + Den/Sitting Area + Glassed Lanai. Open Kitchen, Granite, Stainless Appliances. Fully Furnished - Good Rental - Great Opportunity. \$879,000

218 Daniel Dr - Seagull Estates
Peaceful 3BR/2.5BA lakefront home in Seagull Estates. Tastefully furnished, panoramic water views. Community pool, tennis, clubhouse and beach access. \$879,000

610 Hideaway Ct - Sea Oats
Beautiful 3BR/2BA home with deeded beach access. Great floor plan. Backs up to Conservation Land. \$639,000

4143 West Gulf Dr
Own a part of Sanibel history and International architectural icon; 1.5 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

Sanctuary Golf Villages - 2633-1 Wulfert Rd
Beautiful 2-BR/2-BA + den, large floor plan, golf & lake views, wrap around lanai. \$640,000

Prescribed Burns To Be Ignited Soon On Island

by Jeff Lysiak

During this year's prescribed fire task force meeting, held last Friday morning at the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center, more than a dozen island residents learned that the first planned burn of the season could take place within a couple of days.

In fact, if all of the weather conditions remain ideal, the burn might have already occurred.

"We're looking at burning two units – the Legion Curve site is our priority burn of the season," said Greg Suslick of the U.S. Fish & Wildlife Service, announced as "Burn Boss" for this year's prescribed burns on refuge-managed lands. "We haven't burned that site for the past two or three years. Every day, we'll be looking at the weather to determine if we'll have the opportunity to burn that site."

As of last Friday, the targeted burn date was February 12.

"After we burn Legion Curve, we'll be looking at moving over to the San-Cap Parcel," added Suslick, who explained that burns will be ignited using ground-based methods (such as drip torches).

The meeting, hosted by members of the Sanibel Firewise Task Force – including representatives of U.S. Fish & Wildlife Service, the State of Florida Department of Forestry, Sanibel-Captiva Conservation Foundation, Sanibel Fire & Rescue District and National Park Service – presented some local history on why prescribed burns are important, how they prevent catastrophic wildfires, how they affect vegetation and wildlife, and how they help preserve the natural ecology of the area.

Environmental biologist Holly Milbrandt, deputy director of the city's Natural Resources Department, explained that additional sites being targeted for prescribed burns this season are Sanibel Gardens Preserve and portions of the Frannie's Preserve/Johnson Tract, along with the North Center Tract (recently renamed the Lindblad Preserve).

"We're hoping for southern wind conditions on all three preserves," said Milbrandt.

According to Jeremy Conrad, wildlife biologist at the refuge, conducting prescribed burns at dedicated areas of the island where there is evidence of dead trees and overgrowth actually minimizes the threat of a catastrophic wildfire while maintaining public safety.

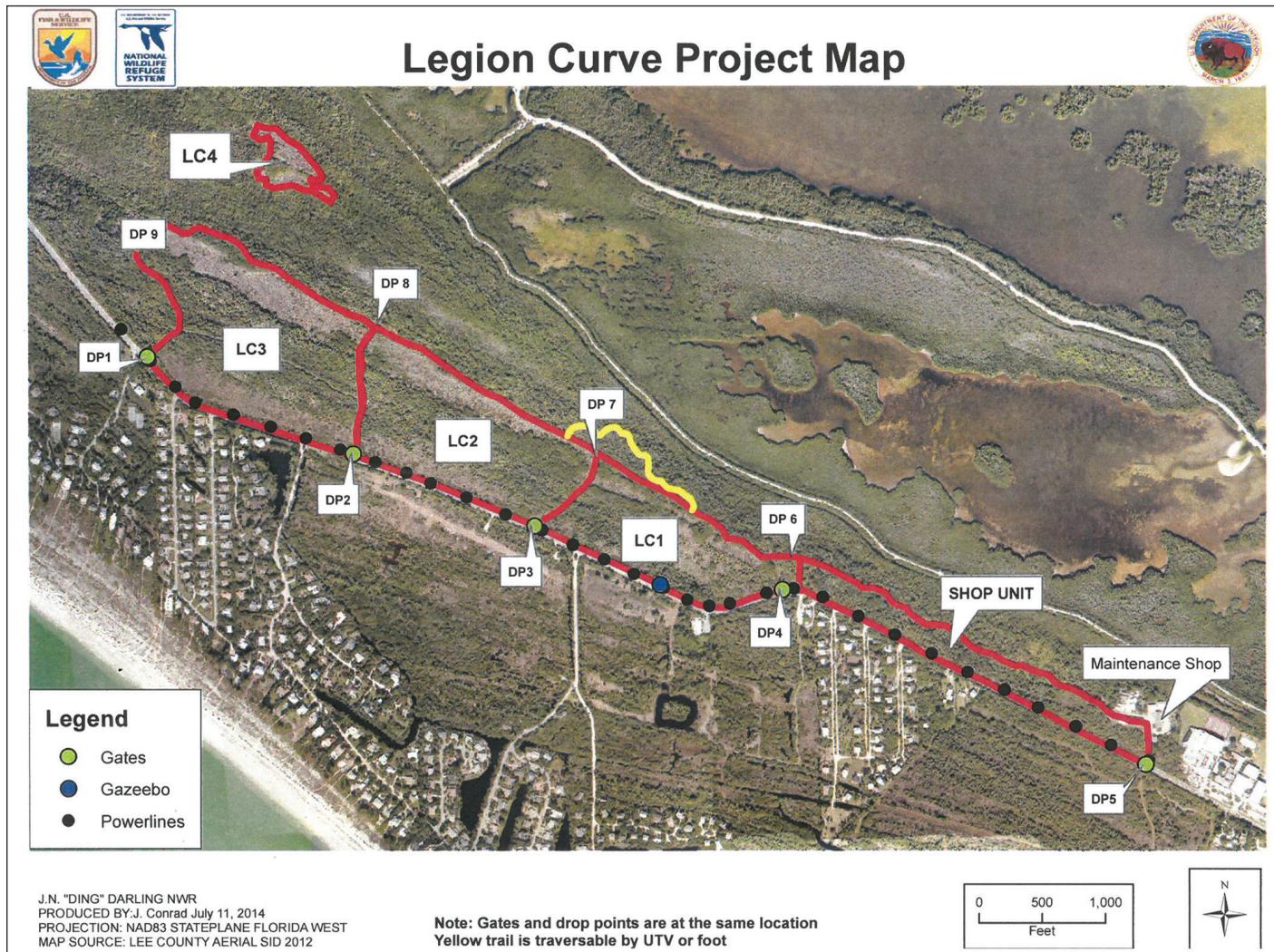
"Spartina grass burns hot and fast," said Conrad, who noted that vegetation recovery can be seen within two weeks of the burn. Two months later, burn sites are often thriving with new growth.

A secondary benefit of the burn is to wildlife, which will improve the habitat of several native species. These include the gopher tortoise, the eastern indigo snake and the Sanibel rice rat.

Smoke is another concern, therefore, plans call for specific wind conditions to minimize smoke impacts to roads and communities. A prescribed fire will not be conducted if the prescription cannot be met (i.e. if the proper wind conditions and



Members of the 2019 Sanibel Firewise Task Force gathered at the JN "Ding" Darling National Wildlife Refuge last week to discuss this year's prescribed burn plan photo by Jeff Lysiak



Legion Curve Project Map, showing areas scheduled for prescribed burns this year

image courtesy JN "Ding" Darling National Wildlife Refuge

relative humidity are not present on the day of the planned burn, the burn will not be conducted).

"We're looking for winds to be moving in a southerly direction," said Suslick. "Ideally, smoke will be moving towards the bay, which will limit smoke impacts upon the community."

Supervisory Refuge Ranger Toni Westland explained that during the prescribed burn, residents and visitors are encouraged to close windows and cover pools, move cars and furniture indoors, stay indoors to minimize the impacts from smoke, visit other areas of the island away from the burn site and abide by all signs, road closures, and instructions about closed areas provided by law enforcement and fire personnel.

Information about when the burns will be staged will be distributed via mailbox hangtags for residences and businesses adjacent to burn sites. Local media will be updated and information posted on various websites – including www.mysanibel.com – as well as with the use of temporary warning signs positioned on the island. Questions about the controlled burns can be answered by calling the refuge office at 472-1100 ext. 237. Also,

a public information booth will be set up at the Sanibel Recreation Center, with task force members available to answer any questions.

People who may be sensitive to smoke should register with the City of Sanibel's Joel Caouette at 472-3700 or joel.caouette@mysanibel.com.

After the prescribed burn has been completed, there may be occasional

continued on page 22B

Reducing Wildfire Risks Around Your Home

- Trim dead palm fronds from trees
- Trim any tall grasses near the home
- Prune large, leafy hardwood trees so the lowest branches are 6 to 10 feet high
- Remove combustible materials such as gasoline containers, firewood, and building supplies from being stored under or around the home
- Keep mulch and other landscaping material well watered

Cartoonist Speaking To Democratic Club

On Thursday, February 21, *The News-Press* cartoonist Doug MacGregor will be the featured speaker at the regular monthly meeting of the Democratic Club of the Islands, held at The Community House, 2173 Periwinkle Way on Sanibel, at 7 p.m. in the Founders Room. The meeting is free and open to the public.

MacGregor has been an editorial cartoonist for over 40 years, working for newspapers in Connecticut and Florida. His editorial cartoons are currently viewed monthly in *The News-Press* in Southwest Florida. A native of Binghamton, New York, MacGregor graduated from Syracuse University and holds a bachelor of fine arts degree in illustration.

Previously an editorial cartoonist for *USA Today*, he is a member of the Association of American Editorial Cartoonists. He has also published six children's books, including his most recent, *Turtellini's Amazing Sky-High Adventures*. You can also spot him singing and playing harmonica in local rock and blues bands around Southwest Florida.

MacGregor will be presenting some of his favorite political cartoons which are another expression of the First Amendment. He will tell how he translates social and political news through his



Doug MacGregor photo provided
cartoons, and attendees will be encouraged to ask questions.

Members of the Democratic Club of the Islands are reminded that they will be voting on proposed amended by-laws discussed at the January meeting and in subsequent emails. Members must be present at the February 21 meeting to vote. A quorum of members present is needed to enact the proposed changes.

For more information, call 634-4295 or email demclubislands@gmail.com.*

From page 1B

Restoration Forum

are now being threatened," he said. "In the southern end of Florida, in Florida Bay, it is the mirror image of what is happening in the estuaries. Instead of receiving too much fresh water, it isn't receiving enough."

Both speakers talked about ongoing and planned restoration efforts, including the EAA Reservoir, a 16,000-acre dynamic water storage and filtration project located on state-owned land south of Lake Okeechobee. This reservoir is planned to replenish the Everglades and reduce algae-causing discharges by more than half.

Other subjects included sea level rise and the impacts of invasive species (i.e. Burmese pythons) in the Everglades.

But despite all of the negativity that surrounds discussions of water quality in the state, both speakers expressed a fair amount of optimism.

"It is this generation that's going to fix this problem," said Eikenberg. "The political will is there, but we need to stay engaged. This generation has a tremendous opportunity, but it has to be 'we' and not just our elected officials."

Later, several islanders in attendance questions some specifics of the EAA Reservoir, the importance of reducing the use of phosphorus and nitrogen in fertilizers, the impact the sugar farming industry has had upon water quality, and the health concerns caused by exposure to red tide and algae blooms.

Responding to a question about what citizens can do to effect positive change, Eikenberg told the crowd to send a text message "WATER" to 52866. The sender will receive a link connecting them with their local, state and federal representatives, where they can request support for water quality initiatives and programs.

For more information, visit www.evergladesfoundation.org.*

Everglades Fact Sheet

One out of every three Floridians (8 million people) rely on the Everglades for their water supply.

The Everglades comprise the largest subtropical wetland ecosystem in North America.

Once spread out over 8 million acres, the Everglades ecosystem reaches from the Kissimmee River to Lake Okeechobee, where waters from the lake slowly move south toward Florida Bay.

Birds were so plentiful in the Everglades that it was said they "darkened the sky" when they took flight.

America's Everglades is home to 73 threatened or endangered species.

Just months after Florida become a state in 1845, the legislature took the first steps that would lead to draining the Everglades.

The Everglades is the only place in the world where the American alligator and the American crocodile co-exist in the wild.

Source: *The Everglades Foundation*



(FROM TOP LEFT) STEVE BROWN, FOUNDER AND CHAIRMAN - AL HANSER, CHERYL GIATTINI, CEO - TERRY IGO.
(BOTTOM LEFT) GEORGE HEISLER, GINNY FLEMING, HANK HUMPHREY, JIM PIGOTT, VIRGINIA STRINGER, CHUCK KETTEMAN.

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Rotarians Michael Raab and Chet Sadler

photo provided

Rotary Arts And Crafts Festival Broadcasting Live

Radio station Sunny 106.3 is supporting the Sanibel-Captiva Rotary Club's 36th annual Arts and Crafts Festival with several live broadcasts of the event on Saturday

and Sunday, February 16 and 17. WJTP Radio, better known as Sunny 106.3, is part of the Beasley Media Group. The station plays a broad mix of soft adult contemporary music, hence the moniker Southwest Florida's Soft Hits Station – Sunny 106.3.

The Arts and Crafts Festival fundraiser generates about \$100,000 all of which Sanibel-Captiva Rotary uses to support local and international

programs. International partners help to deliver wheelchairs, shelter boxes, develop sustainable clean water programs, fight to eliminate polio, provide pediatric surgery for congenital conditions and provide micro-finance loans. Local organizations, including FISH of SanCap, CROW, Bailey-Matthews National Shell Museum,

Sanibel Boy Scouts, plus individuals through college scholarship programs are among the many aided by funds raised at the Sanibel-Captiva Rotary Arts and Crafts Festival.

For more information concerning Rotary's charity giving or to make a contribution, contact Chet Sadler at 472-7257.*

Sheriff To Speak At Republican Caucus Meeting

On Saturday, February 16 at 10 a.m., Lee County Sheriff Carmine Marceno will speak at the second Sanibel-Captiva Republican Caucus meeting of 2019. The meeting, open to the public, will be held in the Pelican Room at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

Marceno joined the Lee County Sheriff's office in 2013, was appointed undersheriff in 2016, and sheriff in September 2018. He has decades of law enforcement experience, beginning in New York before moving to Florida in 1999, where he joined the Naples Police Department and then the Collier County Sheriff's Office.

Marceno is the recipient of numerous awards and commendations. In 2012, he was awarded Collier County's Distinguished Public Service Award, given to the county's top public servant. In 2017, he graduated from an intense



Carmine Marceno

photo provided

10-week program at the prestigious FBI National Academy.

Marceno will talk about his goals for Lee County. Refreshments will be served. For more information, call Will Smith at 395-0819.*

Sanibel Captiva Island Specialist

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Beautiful gulf views from the screened lanai are waiting at this 2bd/2ba Condo. Great island location close to everything and being sold fully furnished. **Listed at \$625,000**

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CANAL-FRONT HOME WITH BEACH ACCESS!

SANIBEL EAST END: Beautiful canal front home with beach access on Sanibel's east end on an oversized lot. Walk to the beach or take your boat out to the Gulf of Mexico to fish and explore. This is truly a happy home with 3 bedrooms, 2 baths with wood floors, volume ceilings, updated kitchen and baths and a dream come true with wonderful canal views.

Asking price is **\$969,000**



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- Contemporary 4 BR/3 BA home
- Deep water dock w/lift
- Screened Pool & Spa
- Remodeled and upgraded
- 3-Car Garage
- **\$1,695,000**



LOGGERHEAD CAY

- Gulf of Mexico Views
- Remodeled & Upgraded
- 2 BR/2 BA Unit
- Sold Furnished
- Wonderful Amenities
- **\$699,000**



ROOSEVELT CHANNEL ESTATE

- Gorgeous Roosevelt Channel Views
- 4 BR/2 BA/2 Half Baths
- Screened, Heated Pool
- 2.5 Acre Parcel
- 140 ft. frontage
- **\$1,895,000**



KINGS CROWN

- Great 2 BR/2 BA + Den Condo
- Gulf Views from Lanai & Den
- Corner Unit w/Lots of Windows
- Pool, Tennis, Deeded Beach Access
- Sold Partially Furnished
- **\$699,000**



SUNSET DREAM

- Wonderful 3 BR/2 BA w/Loft
- Vaulted Ceilings/Fireplace
- Sold Furnished
- Large Screen Enclosed Lanai
- Pool, Docks, Tennis, Beach Access
- **\$949,000**



BEACHVIEW ESTATES

- Beautiful Custom 3 BR/3.5 BA Home
- Lake & Golf Course Views
- Screen Enclosed Heated Pool w/Spa
- Gourmet Kitchen w/Granite Counters
- Breakfast Room & Formal Dining
- **\$1,295,000**



SPECTACULAR OLD FLORIDA

- Remodeled 3 BR/2.5 BA Home
- Wood & Marble Floors
- Lake Views/Deeded Beach Access
- Gourmet Kitchen/Fireplace
- Large, Private Master Suite
- **\$849,900**



BAREFOOT WAY

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Rotary Happenings

submitted by Shirley Jewell

Our major fundraiser is here: Sanibel-Captiva Rotary Arts and Crafts Festival, being held this Saturday and Sunday, February 16 and 17 at The Community House. Our brilliant festival committee has been hard at work for over nine months. At 10 a.m. on Saturday, we look forward to welcoming our first guests through the gates to enjoy the outstanding array of art offered at the 120 booths on festival grounds. While at the festival, don't miss going inside The Community House where you'll find an amazing selection of unique and exciting items being offered at our silent auction tables. There will also be Sanibel-Captiva Rotary Club branded merchandise for sale,



the popular Miracles in Action Guatemala bead sales booth, and information on Rotary International and Sanibel-Captiva Rotary.

All proceeds from this festival support our Rotary Trust Fund Giving to nonprofit projects locally, nationally and globally, aligned with Rotary International's six areas of focus: fighting disease; providing clean water, sanitation and hygiene; saving mothers and children; supporting education; growing local economies; and promoting peace. Last year, Sanibel-Captiva Rotary gave over \$100,000 to organizations and individuals we believe will support our Rotary focus.

Now on to last Friday's Rotary meeting. On occasion, our weekly speaker must bow out for whatever reason, so one of our not-so-shy Rotarians volunteers to step up to the podium and fill in. Rotarian Charlie Emerson has been pulling together his recollections of being part of a Methodist missionary family during the 1940s and '50s in India. This still is a work in progress, so what Emerson had to offer us was somewhat of an outline from

the beginning.

Emerson was born in Ratlam, India in January 1941 to missionary parents. But at the age of 3 months, his family returned to the states. The family stayed in the states for over four years while his father completed studies in the states.

In the 1940s, India crossed the bridge from colonialism to independence. In 1945, it was time for the family to return to India; a very different India. Lord Mountbatten was the last viceroy of British India. He remained viceroy of India until August 1947.

Emerson's father and mother used their missionary assignments as conduits for Christian beliefs while providing education and medical care to families in rural areas of India.

Kids, no matter the circumstances, find ways to explore their surroundings and find adventure and Emerson was no exception. He was fascinated with the primitive farming equipment used to mill grain. Villagers used a team of oxen to power a large grain grinding stone wheel. The oxen wore leather yokes with extended wooden spokes attached to the stone. As the oxen walked around the large stone, the stone churned and ground the grain. So, young Emerson decided to get up close and personal with the process, jumped in the center of the turning spokes and got run over. He spent some time in the hospital, and possibly, that's when he decided to go into the medical profession.

Snakes, yes snakes. Large deadly India krait snakes. They slithered about, not an unusual sighting, but you learned to be aware. One even invaded his household when he and his sister were taking a

bath; up through the drain pipe a good sized krait emerged. Luckily, someone intervened, and Emerson is here to tell the story.

India had a large population of wild tigers and other game animals, and it wasn't unusual that young boys were taught to hunt. Emerson was no exception. Tiger hunting, Yikes!

Emerson was homeschooled until he was 4 years old and then attended boarding school. Many missionary children attended boarding school in India. This was a fairly normal routine. From 1945 to 1952, Emerson's parents lived in Central India and during the school year, he attended boarding school in the foothills of the Himalayan Mountains. As a normal routine, Emerson and his schoolmates boarded trains in groups to travel north to their school. Traveling to and from school was a three-day journey for Emerson. He was the first stop on the train to school and last stop home. Sounds like an adventure on its own.

This is only the beginning of putting together the story of his childhood in India. Maybe we'll hear more of the story when he finishes flushing out more memories of his childhood in India during the '50s.

Sanibel-Captiva Rotary will meet on Friday, February 15 at The Community House, 2173 Periwinkle Way. There will be a short business meeting and then we will start setting up for the Rotary Arts and Crafts Festival.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.*

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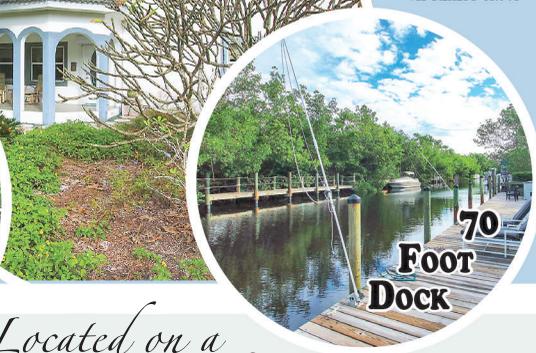
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CASI Hosts City Officials At Annual Breakfast Meeting



From left, Linda Naton, Somerset at the Reef and Condominium Associations of Sanibel, Inc. (CASI) President; Keith Williams, director of community services, City of Sanibel; and Judie Zimomra, Sanibel City Manager, at the CASI annual meeting held on January 24 at Sundial Beach Resort & Spa photos provided



From left, Barry and Fran Wilson, Island Beach Club; and Lee Schaff, Tennis Place and CASI board member



Kerry and Mary Jane Rogers, Kings Crown



From left, Ed Gray, John Vorhees and Will Snyder, Gulfside Place



From left, City of Sanibel Director of Community Services Keith Williams, Sanibel Police Chief William Dalton, Sanibel City Councilwoman Holly Smith, Sanibel City Manager Judie Zimomra, Rob Lisenbee and Willy Ocasio of Bank of the Islands and sponsors of the breakfast, City of Sanibel Director of Natural Resources James Evans and City of Sanibel Acting Director of Recreation Trish Phillips



Kari Cordisco, Sanibel Moorings; and Jane Michaud, Sandalfoot



Barry and Jaye Nagle, Island Beach Club



From left, Jim Winn, Atrium and CASI board member; Lee Schaff; Linda Naton; Julie Smith, Sanibel Siesta and CASI board member; Willy Ocasio; Rob Lisenbee; and Carmine Rende, Sundial East and CASI board member



From left, Diane Haida-Johnson, Linda Naton and Carrie Reese Harmon



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Radiology Regional Mobile Mammo Coach

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Mobile Mammo Screenings At Rec Center

Radiology Regional Center's Mobile Mammo Coach will be on site at the Sanibel Recreation Center from 10 a.m. to 2 p.m. on Tuesday, February 19. For an appointment or if you have any questions relative to the test, call Radiology Regional Center at 936-4068.

The Mobile Mammo Coach is a state of the art breast imaging clinic, providing full field digital mammography services.

Most insurances are accepted and discounted self-pay pricing is available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician exam.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.mysanibel.com.

FISH Of SanCap Service Report

FISH of SanCap, Inc. is a human services organization, focused for 37 years on "neighbors helping neighbors." The mission of FISH is to lend a helping hand to those who live, work or visit here, and the FISH vision is to enrich the lives of everyone on Sanibel and Captiva islands through an array of food programs, island-based workshops, social services and helping hands. The field of human services is broadly defined, with the unique objective of meeting human needs while focusing on prevention as well as remediation of problems, and maintaining a commitment to improving the overall quality of life. FISH of SanCap strives to do just that. Throughout 2018, a total of 18,713 service requests were answered by FISH.

In 2018, FISH impacted the lives of 5,786 individuals, a 46 percent increase over 2017, where 93.1 percent of all donations go directly to FISH programming. Some of the program details include:

Food Programs – 7,845 visits to the food pantry utilized 206,278 pounds of food; 1,028 food backpacks were distributed to youth; FISH volunteers delivered 3,273 meals to island neighbors.

FISH thanks the many volunteers for providing 7,065 hours of service and for driving 33,797 miles on behalf of the organization and its clients.

Social Services – 1,069 reassurance calls were made to vulnerable island residents; social workers provided 1,499 instances of counseling and case management; 488 households requested assistance and/or case management from the disaster relief program (red tide/blue-green algae); 177 households received a hurricane preparedness resource packet.

Helping Hands – FISH provided

236 instances of emergency financial assistance; youth were assisted with 64 scholarships for educational/camps; adult and youth were provided with 23 opportunities for betterment through the adult education scholarship and youth tutoring programs.

The FISH Food Pantry, one of the most vital services, experienced a larger increase in families served and poundage distributed than anticipated, largely due to the red tide/blue-green algae environmental disaster, where many lost jobs and valuable work hours for months.

Other examples of FISH human services successes include:

Chloe, who graduated with a bachelor of science degree this year, through the FISH Adult Education Scholarship program; the Smith family, now paying down debt, with help from FISH financial education seminars; Susan, showing signs of reduced food insecurity, now able to make healthy meals for her three children with supplemental groceries provided in the FISH Food Pantry; Lori, able to keep her home on Sanibel, thanks to emergency financial assistance and employment seeking skills learned through FISH programs.

"These are just a sampling of the outcomes we see daily at FISH. With that being said, however, we are still witnessing increasing client requests in most every area of service. Meals-by-FISH, equipment requests, transportation – there is rarely a lull at FISH," said Maggi Feiner, president and CEO. "In 2018, we realized the necessity to hire additional staff to better manage and streamline procedures for our programs. We are now a team of eight; seven full-time and one part-time professionals, who are deeply engaged and passionate about our island neighbors' well-being and our community."

To learn more about the programs and services offered by FISH, contact Maggi Feiner at 472-4775 or visit www.fishofsancap.org.

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From left, Dorothy Sawyer, Michael Binkowski and Deborah Butler



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From left, Bob Miller, JP Proctor and Eva George



From left, Bailie and Calli Johnson, Sandy Grogman and Bill Roberts



From left, Mary Bondurant, Marco Piazzi and Lynn Hoops



From left, Steve Brown, Lynne Campean, Les Boyle, Richard Johnson and George Campean

Sanibel Shell Festival Judges Announced

A distinguished panel of judges has been announced for the Sanibel Shell Festival that is scheduled for March 7, 8 and 9 at The Community House on Sanibel.

Dave Green is one half of a husband and wife team that is traveling to Sanibel from Houston, Texas to judge this year. Green and his wife Linda each have their own niche in the "shell world." He will be judging the Scientific Division and she will be judging the Artistic Division.

Green has been involved in the study of conchology and malacology for over 45 years as a collector of mollusks, and as an exhibitor in shell shows. Like most collectors, he started his interest in shells by collecting a wide variety of families, but with time he has concentrated on cowries, and today he just collects cones, abalone and olives from around the world. Green has won numerous major awards in Florida and Texas shell shows, including several DuPont, Conchologists of America, Shell of the Show and educational awards as well as a variety of other shell show awards. He has served as a scientific judge at numerous shell shows in Florida and Texas.

Green is a member of the Conchologists of America, where he



Dave Green



Duane Kauffman



Marci Chamberlain



Linda Green

photos provided

has served as president, vice president and secretary. He is also a member of the Houston Conchology Society, the Sea Shell Searchers of Brazoria County, Astronaut Trail Shell Club, Sarasota Shell Club and the San Diego Shell Club. He holds a bachelor's degree and a master's degree, plus post-master's work towards his PhD.

Sanibel-Captiva Shell Club member Duane Kauffman will also be judging the Scientific Division. He grew up on a small dairy farm in the middle of Illinois, graduated from Goshen College, and then completed a PhD in social psychology at the University of Illinois. He taught at and retired from Goshen College. There he had the good fortune to become friends with two biologist faculty colleagues who had started a marine biology program in which he became involved and ultimately added to his teaching responsibilities. Fascinated by the tiny snails found in a clump of algae, Kauffman has focused on

finding, photographing and identifying very small species. He recently completed a draft of an identification guide to some 150 micro species from western Florida. He is an active snowbird member of the Sarasota Shell Club, coordinates the activities at the "club table" at the Sarasota Shell Show, and has exhibited miniature shells at several shell shows.

Marci Chamberlain will be judging the Artistic Division. She is an artist in different mediums, received her master's degree from the University of Massachusetts and worked in the advertising world until she started her own company in graphic art. After selling the company, she decided to devote her time to Victorian shell work.

Chamberlain fell in love with shell collecting when she had a summer cottage on Cape Cod back in the 1980s. After she saw her first Sailor's Valentine, she said she was hooked. She started researching the history of

Valentines and then began to amass an extensive collection of large and small seashells.

Her crafts have been shown in several venues in Rockport and Newburyport, Massachusetts, as well as here in Florida. Sandra Bullock and Adam Sandler have purchased her work.

For the last 11 years, Chamberlain and her husband, Joe, have shared their time between Salem, New Hampshire and Palm Beach County. She joined the Broward Shell Club in 2013 and has since been honored with the Best of Show trophy four of those years.

Linda Green grew up in Cleveland, Ohio and fell in love with shells when she moved to the Orlando area in 1982. Her attention to detail when judging probably stems from her mathematics background. She received a bachelor's degree in math from Kent State University, a master's degree from Southern Illinois University, and then went on to become a computer programmer. Linda has judged shell shows throughout Florida. She has won many awards at shell shows for her shell-themed quilts.

Green has served as president, vice president, and secretary of the Conchologists of America. She is also a member of the Houston Conchology Society, the Sea Shell Searchers of Brazoria County, Astronaut Trail Shell Club, Sarasota Shell Club and the San Diego Shell Club.*

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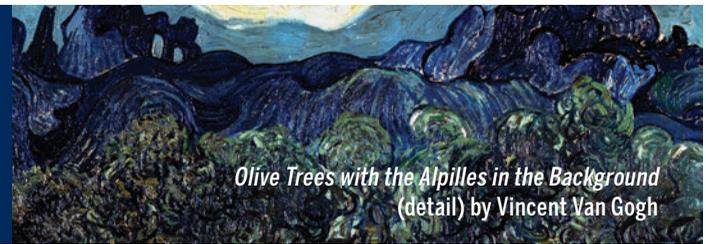
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Olive Trees with the Alpilles in the Background (detail) by Vincent Van Gogh



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Tiffany, Jeff, Joan & Joe Burns



Tim Drobynk, Kathy Haungs, Denice & John Beggs

 <p>FRIDAY Sunny High: 73 Low: 67</p>	 <p>SATURDAY Sunny High: 76 Low: 69</p>	 <p>SUNDAY Sunny High: 72 Low: 66</p>	 <p>MONDAY Sunny High: 75 Low: 68</p>	 <p>TUESDAY Sunny High: 73 Low: 67</p>	 <p>WEDNESDAY Sunny High: 68 Low: 62</p>	 <p>THURSDAY Partly Cloudy High: 64 Low: 58</p>
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	8:47 pm	3:53 am	None	None
Sat	12:59 pm	4:52 am	9:55 pm	3:10 pm
Sun	1:25 pm	5:43 am	10:57 pm	4:19 pm
Mon	1:48 pm	6:28 am	11:55 pm	5:18 pm
Tue	2:09 pm	7:09 am	None	6:13 pm
Wed	12:49 am	7:47 am	2:29 pm	7:08 pm
Thu	1:43 am	8:21 am	2:51 pm	8:04 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	7:52 pm	3:55 am	None	None
Sat	12:04 pm	4:54 am	9:00 pm	3:12 pm
Sun	12:30 pm	5:45 am	10:02 pm	4:21 pm
Mon	12:53 pm	6:30 am	11:00 pm	5:20 pm
Tue	1:14 pm	7:11 am	11:54 pm	6:15 pm
Wed	1:34 pm	7:49 am	None	7:10 pm
Thu	12:48 am	8:23 am	1:56 pm	8:06 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	10:26 am	3:42 am	8:47 pm	2:39 pm
Sat	11:23 am	4:40 am	10:11 pm	3:49 pm
Sun	12:01 pm	5:34 am	11:11 pm	4:56 pm
Mon	12:35 pm	6:21 am	11:59 pm	5:54 pm
Tue	1:09 pm	7:06 am	None	6:47 pm
Wed	12:45 am	7:48 am	1:44 pm	7:41 pm
Thu	1:35 am	8:28 am	2:22 pm	8:36 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	10:57 pm	7:09 am	None	None
Sat	3:09 pm	8:08 am	None	6:26 pm
Sun	12:05 am	8:59 am	3:35 pm	7:35 pm
Mon	1:07 am	9:44 am	3:58 pm	8:34 pm
Tue	2:05 am	10:25 am	4:19 pm	9:29 pm
Wed	2:59 am	11:03 am	4:39 pm	10:24 pm
Thu	3:53 am	11:37 am	5:01 pm	11:20 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Ninth Annual Justine Bridge Charity Bridge Tournament – Friday, February 15, 1 to 5 p.m. The tournament is held in honor of former volunteer and bridge director, Justine Smith. Proceeds benefit PAWS of Sanibel. Contact the center to sign up.

Museum of Fine Arts and Dali Museum – Monday, February 18. Cost is \$72 for members and \$82 for non-members. Fee includes entry into both museums and transportation.

This is a docent-led tour of the museums in St. Petersburg. Lunch is on your own in the MFA Café followed by a headset tour of the Salvador Dali Museum, which houses the largest collection of Dali's works outside of Europe. Depart from Sanibel location at 7 a.m. and return at 5:30 p.m. Contact the center to sign up.

Sanibel Health Fair – Friday, February 22, 1 to 4 p.m. Learn how better health starts with you – knowledge is key to prevention and treatment. The fair is sponsored by Parish Nurses of Sanibel.

Line Dancing Classes – Tuesday, February 19 and 26 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday.

Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and

Thursdays – February 19, 26 and 28 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri

is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪

United Way Nets 4-Star Rating And Perfect Score

United Way of Lee, Hendry, Glades, and Okeechobee has received not only a 4-star rating by Charity Navigator, but a perfect overall score of 100 percent. Charity Navigator is one of the most utilized evaluators of charities used to guide intelligent giving.

Since 2002, using objective analysis, Charity Navigator has awarded only the most fiscally responsible organizations a 4-star rating. According to Charity Navigator's Perfect 100 website page, "The exceptional charities on this list execute their missions in a fiscally responsible way while adhering to good governance and other best practices." United Way earned a perfect score for financial health, accountability and transparency. Less than one percent of the thousands of charities Charity Navigator rates have earned the perfect score.

"We are extremely pleased to have received 4-stars for the seventh year in a row from Charity Navigator, and to have a perfect score of 100 percent for financial

health, accountability and transparency," said Cliff Smith, president of the United Way. "The United Way of Lee, Hendry, Glades, and Okeechobee is committed to donors' gifts being used in the most effective and efficient manner possible to help the most people possible."✪

From page 8B

Prescribed Burns

smoke or burning embers seen from the burned area for several days. Fire personnel will monitor the burned area and adjacent roads, day and night, taking all precautions and maintaining readiness to minimize fire activity and smoke impacts to the public. People should not be alarmed if they see smoke or burning embers within a burned area.

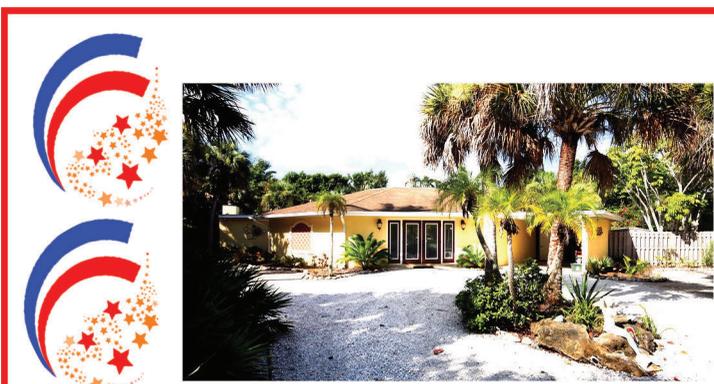
John and Kathie Cutler, who reside in the Sea Oats subdivision, attended the February 8 meeting. They shared their experience of living through a prescribed burn several years ago. Their home was within close proximity of the fire.

"(The city) gave us plenty of advanced notice, but when it's your first one, you kinda ask the question 'Why do they have to start here?'" the couple said with a laugh. "But they were in and out of there within a day. We saw ATVs riding around and monitoring things over the next couple of days, making sure there were no hot spots."

The Cutlers also confirmed the fast recovery of onsite vegetation.

"Everything came back pretty quickly," added Kathie Cutler. "You don't notice anything for a couple of days, then all of a sudden you'd see new sprouts growing everywhere."

For more information regarding fire and prescribed burning on Sanibel, contact the City of Sanibel Natural Resources Department at 472-3700.✪



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Packing House at Sanibel Historical Village

Historical Village Expands, Improves Packing House

The Sanibel Historical Village recently completed a renovation of its Packing House, the building that houses the artifacts that are not currently on display.

The renovation added 400 square feet of space, allowing room for storage of larger items. Other improvements

photos provided

included a new entry, new windows and an improved work space area. There is now a dedicated spot for workers to receive acquisitions. A sink, cabinets and countertop were added, as well as a work table that will enable a group to work together on a project.

In addition, exterior improvements include an expansion of the wagon and buggy area, a cement floor and hurricane-rated roll-down doors.

"The building was in need of repair, and more space was needed for storage," said Deb Gleason, a long-time member

continued on page 25B



Nancy Siegel and Bonnie Frankel moving a sign



Concrete slab allows for better storage of historical cart



Clivie Goodwin rearranging antiques



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Will Power

Estate Planning For Those In Their 30s, 40s And 50s



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Many clients don't consider visiting with an estate planning attorney until they reach their 60s, 70s or even 80s. That's a shame because younger clients could benefit from such a relationship in any number of ways.

During the Savings & Loan crisis back in the 1980s, for example, an entrepreneur by the name of Sam Idelson teamed up with David Band, a Sarasota estate planning attorney to create some of the most dynamic wealth on the west coast of Florida. Together they purchased distressed commercial real estate, renovated it, and then sold the properties once the economy

recovered.

Their complimentary skills, Sam with his business and real estate acumen, David with his legal expertise and connections to lenders, enabled them to together achieve what neither could alone.

Not every estate planning attorney/client relationship will be as lucrative. In fact, Bar Rules prevent attorneys from entering into business transactions with their clients without full disclosures of conflict of interest and the requisite steps to both waive and release the conflict.

Even without entering into business deals together, many in their 30s, 40s and 50s don't realize the beneficial impact that developing a relationship with an estate planning attorney could create now and into the future. Here are just a few ways that an estate planning attorney might help a younger client:

Financial And Insurance Planning

While attorneys are not expert financial planners, they often do know what asset categories create wealth and which financial products benefit the firm selling the product more so than the client. As a lawyer, I have no "skin in the game" in the form of commissions, for example, when reviewing a client's intended purchase of insurance or financial products. Consequently, I can often provide a clear-eyed, unbiased view of whether an intended course of action makes sense.

A physician client once came to me after purchasing several insurance and annuity products. She had been sold these products based upon their asset protective value under Florida law. I had an independent advisor look into the commissions and management fees associated with these investments and described to her the tax treatment upon her

retirement. She said she'd wished that she visited with me before she bought them.

Real Estate Investments

We also tend to understand the benefits and risks of owning commercial or rental property inside of a partnership, LLC, or corporate entity. I have outlined the legal and tax consequences of entity selection and the effects of non-cash expenses like depreciation to many clients before they bought a property, so that they could make clear decisions. An ongoing relationship with a trusted advisor might save you from making major mistakes that could cost hundreds of thousands of dollars over your working career.

Connections

A good estate planning attorney makes all sorts of connections in the business world, from bankers and lenders to property management companies to developers and other business people. In my 30 years of practice, for example, I've developed relationships that I've kept in my electronic rolodex, connecting clients with others who can help them achieve goals.

Children, Adolescents And Young Adults

Having raised three daughters, the youngest of which is now in college, I've navigated the emotional and financial issues associated with raising a young family. As an estate planning attorney, I've also created silos of trusts and other vehicles to provide for my family in the event of my disability or death. Who should serve as your children's guardian and whether that same person should control the purse strings in the event of your death merits serious discussion. How to properly save for higher education (including investigating the plethora of scholarships and financial aid offers available), whether to title the car in a young driver's name, and how to best purchase liability insurance are all things that I've had to deal with not only for myself but have also assisted my clients during my professional career. Those clients who are in the middle of these life cycle decisions can benefit from an ongoing relationship with a trusted advisor.

Aging Parents

They don't call those in their 30s, 40s and 50s the "sandwich generation" for nothing! When my mother developed leukemia 15 years ago and needed a life-saving bone marrow transplant, I learned how to investigate doctors, clinics and research hospitals that were needed to save her life. Moreover, my parents had real-life financial and medical insurance issues, that without my background would have been next to impossible to deal with. Most of us in this age group deal with failing loved ones. My experience with Hope Hospice was invaluable when my mother needed those services as well. I've gladly assisted hundreds with many of these same issues for their loved ones.

Even younger clients who don't feel that they need a complicated estate plan can benefit from developing a relationship with a competent estate planning attorney. It worked for Sam and David a generation ago, and will work for you now. If interested, I offer a workshop on these topics. If your group would like for me to speak on these topics, please contact me at 334-1141.

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From page 23B

Packing House

of the display and archive committee. "The museum undertook this renovation to help us provide safe and easy access to our collection while protecting the artifacts in a controlled and protective environment."

"Our collection includes thousands of items," said Executive Director Emilie Alfino. "Because we can't have everything on display at one time in our nine historical buildings, we need as much space as possible to properly store everything. This renovation will improve our ability to keep storage areas clean, organized, well

Storage for larger items

ventilated and properly illuminated."

The Packing House is a replica of the bayside warehouse and loading dock of the Sanibel Packing Company, also known as Bailey's General Store.

Historical Village board member Jane Holder headed planning and oversight of the renovation project.

The Sanibel Historical Village is open Tuesdays through Saturdays from 10 a.m. to 4 p.m. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18. Members and children are admitted at no charge. For more information, visit www.sanibelmuseum.org or call 472-4648. ✨

From left, Bonnie Frankel, Nancy Siegel and Clivie Goodwin organizing memorabilia



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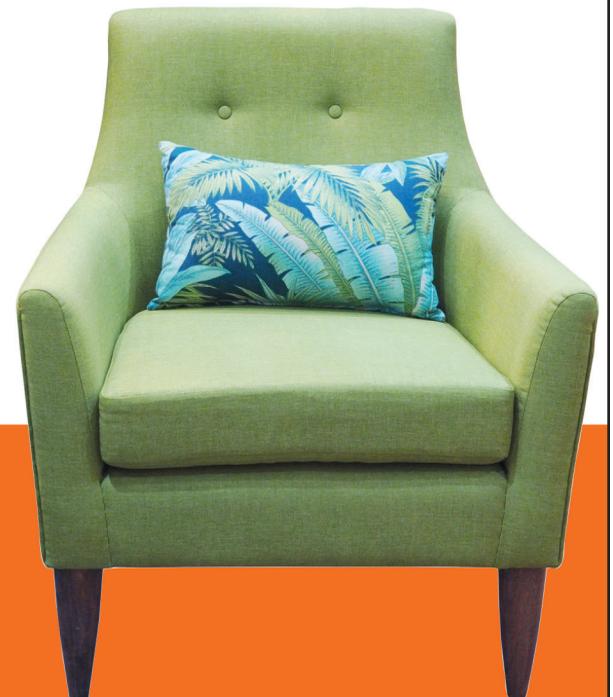
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The Sanctuary Charity Classic Raises Funds For Island Nonprofits



From left, Jeff Muddell, Lee Health Foundation; Kathryn Riggio, The Sanctuary Golf Club; Brenda Harrity; Doc Ford's Rum Bar & Grille; Melissa Congress; Congress Jewelers; Lucy and Paul Roth, honorary chairs; and Jim DiMarino and Ken Kouril, The Sanctuary Golf Club. The Sanctuary Charity Classic golf tournament was held on January 26 and raised over \$163,000 for the Charitable Foundation of the Islands, which assists local nonprofits. photos provided



Cindy Brown and Gordon Coons



Sponsors John and Donna Schubert



From left, Chip Roach and Virginia Stringer with Al Hanser, chair of The Sanctuary Charity Classic and president of Charitable Foundation of the Islands



From left, The Sanctuary Golf Club board members Jim Courter, Jim Pouliot and Jeff Wickham



From left, The Sanctuary Classic committee members Paul Roth, Ralph Clark and Dr. Steve Brown

ISLAND SUN BUSINESS NEWSMAKERS

Royal Shell Real Estate

The top producers for January at the Royal Shell Real Estate Sanibel-Captiva office were: McMurray and Nette, top listing and top sales producers team; Cindy Sitton, top listing and top sales producer individual/partners.✳



McMurray and Nette



Cindy Sitton

VIP Realty Group

The top producers for January at VIP Realty Group were: Diane Stocks, top sales; Ted Benjamin, top listings; and Deb Smith, top producer.✳



Diane Stocks



Ted Benjamin



Deb Smith

Pfeifer Realty Group

The top producers for January at Pfeifer Realty Group were: Kerri Maw, top listings; and Jennifer McSorley and Kelly Huguenin, top sales.✳



Kerri Maw



Jennifer McSorley



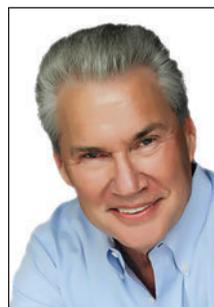
Kelly Huguenin

John Naumann & Associates

The top producers at John Naumann & Associates for January were: LeAne Taylor Suarez, top listing and top sales agent; and Larry and Debbie Hahn, top listing and top sales team.✳



LeAne Taylor Suarez



Larry Hahn



Debbie Hahn

Young Professionals Networking Event

The Young Professionals Association of Sanibel & Captiva will hold its February Experiential Gathering at Sanibel-Captiva Conservation Foundation (SCCF) Nature Center on Wednesday, February 27 from 5:30 to 7 p.m.

The night of networking and conversations will consist of exploring the nature center and taking part in a trail walk led by SCCF staff. Appetizers will be provided. This event is free and welcome to any young professional. Encourage your colleagues to join you and introduce them to the Young Professionals networking group. SCCF is located at 3333 Sanibel-Captiva Road. For more information and to RSVP, visit www.facebook.com/ypasc.✳

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World's Top Senior Golfers Here This Weekend For The Chubb Classic



by Ed Frank

The world's top senior professional golfers return to the area this weekend for the 32nd Chubb Classic being played this year at the Classics Country Club at Lely Resort in Naples.

The field consists of seven past champions, seven Hall of Fame members and 33 of the top 36 from the 2018 Charles Schwab money list.

The Chubb Classic is the longest running tournament in the same metropolitan area on the PGA Champions Tour.

All eyes will be upon Bernard Langer who won last weekend's Oasis Championship in Boca Raton by five strokes.

It was the 61-year-old German's 39th victory on the senior circuit, pushing his earnings to \$27,196,504, breaking Hale Irwin's record.

Langer's victory last weekend marked the 13th straight year he has won at least one tournament on the Champions Tour and his 39th victory moved him to within six Champions Tour championships won by Irwin.

Langer has won the Chubb Classic three times, 2011, 2013 and 2016. Last year's champion, Joe Durant, is returning to defend his title. The ageless Irwin, 73 years old, who has won the Chubb Classic twice, also is in this weekend's field.

The following is the complete field for this weekend's Chubb Classic that will be played Friday, Saturday and Sunday: Stephen Ames; Billy Andrade; Tommy Armour III; Woody Austin; Paul Broadhurst; Olin Browne; Bart Bryant; Mark Calcavecchia; Darren Clarke; Russ Cochran; John Daly; Marco Dawson; Glen Day; Chris DiMarco; Ken Duke; Joe Durant; Bob Estes; Brad Faxon; Steve Flesch; David Frost; Fred Funk; Gibby Gilbert III; Tom Gillis; Retief Goosen; Jay Haas; John Harris; Dudley Hart; Scott Hoch; John Huston; Hale Irwin; Peter Jacobsen; Lee Janzen; Miguel Angel Jiménez; Brandt Jobe; Kent Jones; Jerry Kelly; Skip Kendall; Tom Kite; Greg Kraft; Cliff Kresge; Bernhard Langer; Tom Lehman; Wayne Levi; Sandy Lyle; Jeff

Maggert; Billy Mayfair; Scott McCarron; Rocco Mediate; Mark O'Meara; José María Olazábal; Scott Parel; Jesper Parnevik; Corey Pavin; Tom Pernice Jr.; Tim Petrovic; Loren Roberts; Gene Sauers; Wes Short, Jr.; Joey Sindelar; Jeff Sluman; Jerry Smith; Steve Stricker; Kevin Sutherland; Hal Sutton; Ken Tanigawa; David Toms; Kirk Triplett; Scott Verplank; Duffy Waldorf; and Ian Woosnam

Spring Training Underway

All 30 Major League Baseball teams began Spring Training this week with pitchers and catchers reporting and full squad workouts a few days later.

As was the case last year, several top free agents, namely Bryce Harper, Manny Machado, Craig Kimbrel and Dallas Keuchel, remained unsigned as this week began. More than 80 other free agents also were unsigned.

Here in Fort Myers, the World Champion Boston Red Sox began workouts for pitchers and catchers this past Wednesday at 10 a.m. at Jetblue Park. Twenty-eight pitchers and six catchers were expected to report. Full squad workouts will commence Monday with 59 players in camp.

The workouts are open to the public at no cost. Boston's first game is on Friday, February 22 against Boston College, with their official Grapefruit League opener the next day with the New York Yankees.

Reporting date for Minnesota Twins pitchers and catchers is the same as the Red Sox, this past Wednesday, with full squad workouts at the CenturyLink Sports Complex five days later. The sessions are free and open to the public.

Minnesota will begin their Grapefruit League schedule on Saturday, February 23, with a split squad against Baltimore at Sarasota and Tampa Bay here.*

Bob Janes Memorial Golf Outing

The Lee Coast Chapter of MOAA (Military Officers Association of America) will be holding the 6th annual Bob Janes Memorial Golf Outing at Shell Point Golf Club on Wednesday, April 10. The goal is to continue support of veteran scholarships at Florida Gulf Coast University and Florida SouthWestern; Lee County JROTC scholarships and local veteran service

projects. There will be a silent auction at the conclusion of the outing.

This year's honorary chair is Master Chief Terry Moy, a member of the Navy SEAL Frogman team that retrieved Apollo 17.

Player entry deadline is April 1 or whenever 144 entry forms are received. Registration forms are available at www.leecoastmoaa.com. Sponsorships are between \$150 and \$5,000 for a hole sponsor.

For more information on participation and donations, email leecoastmoaa@gmail.com with "Golf Outing" in the subject line.*

SPORTS QUIZ

1. Since 1969, how many times have the Boston Red Sox won the AL East title?
2. Two Minnesota Twins were 20-game winners during the 1990s. Name them.
3. Four head coaches for the University of Oklahoma football team have recorded at least 100 career wins. Name three of them.
4. In the 1973-74 season, Elmore Smith of the Los Angeles Lakers established a record for blocked shots in a season (393). How many players have surpassed that number since?
5. Colorado's Nathan MacKinnon set an Avalanche record when he started the 2018-19 NHL season with goals in his first six games. Who had held the mark?
6. Which Asian men's soccer team has appeared the most times in the World Cup?
7. In what year did Roger Bannister record the first sub-four-minute mile?

ANSWERS

1. Ten times. 2. Scott Erickson (20 wins in 1991) and Brad Radke (20 wins in 1997). 3. Bob Stoops (190 wins). Barry Switzer (157), Bud Wilkinson (145) and Bennie Owen (122). 4. Two - Mark Eaton (456 in 1984-85) and Manute Bol (397 in 1985-86). 5. Mats Sundin did it in the first five games of the 1992-93 season when the franchise was located in Quebec. 6. South Korea, with 10 appearances. 7. It was 1954.

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Scoutmaster Jason Maughan
photos provided

Inaugural Eagle Scout Luncheon Held On Sanibel

The inaugural Eagle Scout Luncheon on Sanibel was held recently at The Sanctuary Golf Club. It was a collaborative effort built on the fledging concept of Southwest Florida Boy Scouts of America Panther Executive and Eagle Scout James Laughlin to bring Eagle Scouts together under the well-known bald eagle masterpiece carving by renowned woodcarver Jim Sprankle. More than 25 Eagle Scouts attended,



From left, Kim Kouril, Troop 1740 committee chair; Brian Boyd, Troop 1740 assistant scoutmaster; Alex Mackenzie; Greg Graham, Boy Scouts of America Southwest Council scout executive; John Boone; John Halligan; Doug Quelch; Jim Ericsson; Jim Sprankle; Pastor Kevin Schafer, COR Troop 1740; Jerry Edelman; Gary Long; Bob Smith; John Morse; Michael Griffith; Dr. George Rapp; Ed Combs; Tom Uhler; James Laughlin, Boy Scouts of America Southwest Florida panther executive; Roger Heider, Troop 1740 assistant scoutmaster. Not pictured: Dick Larson; Jason Maughan, Troop 1740 scoutmaster; Ken Kouril; Paul Powers; and Jeff Powers.

many of whom are active members of the Sanibel community. The luncheon opened with a Pledge of Allegiance, Scout Oath and Scout Law. Eagle Scout Tom Uhler welcomed the crowd, and City Councilman and Sanibel Troop 1740 Scoutmaster Jason Maughan spoke of the importance of scouting in boys' lives.

Sprankle spoke about the creation of the bald eagle statue, and the presentation of its predecessor to President George W. Bush. The Sanctuary COO Ken Kouril introduced the luncheon menu, an upscale version of campfire cooking with smoked tenderloin, roasted potatoes and corn, followed by

peach cobbler and a s'mores dessert, with a fire lit at every table.

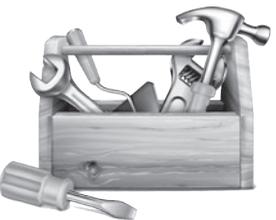
Organizers plan to make the Eagle Scout luncheon an annual event, and next year's gathering may include Sanibel's first Eagle Scout, representing Troop 1740 of Sanibel.✱

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Beautifulife:

Think Happy, Be Happy



by Kay Casperson

Ibelieve the key to having real success in life is to be happy, but how does one find that true happiness and how can you make it happen in your life every day? Some people may say, "Is it really

possible to have happiness in your life daily while dealing with the various things that creep in to try to bring you down and steal your joy?"

My answer is, yes, but there is one significant thing to remember to make that happen. You need to think happy thoughts. No matter what life brings you from one day to the next, if you keep your thoughts positive and happy, you will overcome and rise above anything that comes your way, and you will keep moving towards living your most balanced and beautiful life.

I have some favorite thoughts that can keep you focused on all of the good and can usually turn around any bad or unfavorable situation in your life.

I have listed some here for you to consider keeping close at heart:

None of it really matters in the big picture... remember, its no big deal;

Tomorrow is a new day... and then there is another and another, so let it go;

When one door closes, another will open... which never ceases to amaze me;

There is always a bright side to everything... you have to look hard

sometimes to find it;

I am bigger and stronger than this... you can overcome anything you set your mind to;

There is a lesson to be learned in everything...our experiences mold and shape who we are;

This too shall pass... everything does, in the blink of an eye;

There is beauty in everything... my favorite way to look at things;

My blessings overshadow any disappointment... count your blessings first and last every day;

I am calm and at peace with my life... breathe and pray to stay focused;

There is not one thing or one person that can rock my world... you are unique, special, influential and essential.

Remember that happiness does not come from others or outside sources like a job, money, your loved ones or your passions. People and things cannot be there for you at every turn, and you are entirely responsible for your own happiness. Regardless of your past experiences, you have to live in the now, for today, and continue to know that only you can change how you think and how you feel. The most important work you can do is to work on keeping your thoughts happy which will ultimately keep YOU happy.

My affirmation for you this week is:

"I keep positive, inspiring words close to my heart, so it is natural for me to think happy and to be happy every day."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

Superior Interiors

Color Your World



by Marcia Feeney

Today's home furnishings, fabrics and designs are often color coordinated to help you take the guesswork out of your next decorating project. Fabrics, wall coverings, area

rugs, bed linens and accessories feature a wide variety of motifs and patterns, all designed to work in harmony as you work to create your new design plan.

However, no matter the design, motif or pattern, the common denominator in successfully creating the look you want to achieve is color.

So how do you begin selecting color for your next project? Why not start by playing favorites – and selecting colors you're comfortable with. Even if your favorite colors might not work as a major player in your new room, you could possibly consider using that favorite color as an important accent in an otherwise neutral space.

We often assist our clients in

determining just what palette is appealing to them. It really can be a simple process...

Look in your closet. What colors do you see in your wardrobe that you particularly enjoy – pastels, dark jewel tones, neutrals, bright or lively shades? It stands to reason that the very colors you're attracted to in your wardrobe might just be the perfect shades to consider in decorating a room in the home.

Take inventory of your space. Is there an accessory, piece of art, even an area rug that you just love? Entire room designs have been beautifully accomplished by focusing on one simple multi-colored vase.

What's your personal style? Do you enjoy a more casual lifestyle? Perhaps the contemporary style is more comfortable to you. Knowing your style will give you an important clue as to the color options you might want to consider.

Once you've done your homework and decided on your perfect color palette, be sure to select one dominate color, a maximum of three adjacent hues and a dramatic accent color to complete your overall color scheme.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.**

Doctor and Dietician

Simple Salad Dressings From Scratch



by Ross Hauser, MD and Marion Hauser, MS, RD

Oil and vinegar are the foundation of any good dressing. You can add some spices – a little Hungarian paprika or Italian herbs, but good oil and good vinegar taste great even on their own. A general rule is one part oil to two parts vinegar or acid. Adjust according to your tastes then add your herbs. I like Greek seasoning blend, poppy seeds, dill, paprika, Fox Point Penzeys seasonings, turmeric, or even curry. Mix it up a little. Give it a good whisk, then pour over the salad. For recipes using fresh herbs, I like to use the mini food processor.

Types of vinegar? Some basics to try are red wine, rice, apple cider and balsamic vinegars. The balsamic world alone contains a myriad of flavors that are guaranteed to keep you satisfied. For a little sweeter dressing, try fruit-infused balsamics such as fig, pear, or cherry. For a little kick, try pepper-infused oils. An

all-time favorite is Persian Lime olive oil with fig balsamic. Yum!

Here are a few favorite recipes:

Lemon Garlic Dressing:

- 1/4 cup olive oil
- 1/2 cup fresh squeezed lemon juice
- 1 to 2 cloves garlic, minced
- Salt/pepper

Apple Cider Honey Mustard Dressing

- 1/4 cup olive oil
- 1/4 cup plus 2 Tbsp apple cider vinegar
- 1 tsp. honey
- 2 tsp. Dijon mustard

Fresh Herb Vinaigrette Dressing

- 4 Tbsp. olive oil
- 8 Tbsp. red wine vinegar (or balsamic)
- 1/4 cup fresh herbs
- Pinch of honey
- Salt/pepper

Lime Cilantro Dressing

- 1/4 cup olive oil
- 2 Tbsp. rice vinegar
- 2 Tbsp. fresh lime juice
- 1 to 2 Tbsp. chopped cilantro
- 1 clove garlic, minced
- Pinch of honey
- Salt/pepper

*For creamy version, add 1 Tbsp. sour cream, Greek yogurt, crème fraiche, or avocado.

Creamy Greek Yogurt Herb Dressing

- 1/2 cup Greek yogurt
- 2 Tbsp. honey
- 2 Tbsp. fresh lemon juice
- 2 Tbsp. olive oil

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



dearRPharmacist

Photoshop Your Face With Collagen Protein



by Suzy Cohen, RPh

Dear Readers: For centuries, people – especially women – have been trying to solve the problem of looking youthful past middle age. It's very difficult because after four or five decades, our

face, skin, hair and nails really show the signs of aging. Our skin feels dry, hair gets finer or falls out, and there's an obvious loss in firmness and elasticity of the skin. The laugh lines and crow's feet get deeper and deeper. Even the fingernails become weaker and break.

Of course, declining estrogen, progesterone and testosterone levels cause the signs of aging to become more noticeable. However, hormones aren't entirely it. The key to looking younger is having plump cells that retain moisture. Also, keeping the matrix underneath our skin intact rather than crumbling. You can do this if you have enough collagen, hyaluronic acid and elastin. Today my focus is collagen.

You're born with an abundance of collagen. If you were to take all of your skin and weigh it, 80 percent of the weight would be collagen. That percentage declines by about two percent every year after 30 years of age.

Collagen 'photoshops' you! That's why when you were younger, you had lovely firm skin, soft hair and strong nails. Your face looked plump and vibrant. The most dramatic reduction of collagen happens in the first five years post-menopause, when women lose about 30 percent of our natural collagen stores. The decline continues over the years, although it's more gradual.

One day you look in the mirror and you look older than you thought. And then when you get out of bed in the morning, you feel pain and stiffness in

your joints. That's because collagen is in your cartilage, and when it's depleted you feel the pain.

There are hundreds of supplements of collagen in today's global market, but there are things you should know about first before trying it. You should be very cautious about the kind of collagen you buy because some aren't the correct type. I can send you a video about collagen if you're interested. Collagen can be sourced from cows, pigs, birds, fish scales and more.

Some brands don't get absorbed through your intestinal lining, and others don't have healthy ratios of the amino acids. Maybe they are low in hydroxyproline or they don't have vitamin C to activate it. To learn more you can watch my video at www.suzycohen.com/collagen-video.

When restoring collagen, keep in mind you want tiny particles so the little peptides can get into your cells. The reason for this is so that you can produce the collagen intracellularly.

Collagen is a big protein like a long chain that consists of links. The links are amino acids.

There are five different types of collagen, named Type I, II, III, IV and V. Type II is what supports joint and cartilage health, while Type I and III are beautifying for the hair, skin and nails. I have some videos about collagen, and how to choose the best kind for your needs. Nowadays, you can supplement with collagen shots, powders, drinks and facial serums. These products are available nationwide.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What do true success and power mean?

A: I believe that success has many different definitions for everyone. Each individual has many different values and needs.

Marriage might be success for one and misery for another.

A six-figure income can represent success for one and turning into an addiction for another. Beauty can be exciting for some, and an eating disorder for another. I have seen it all in my years of practice. So, it is quite individualized. It's important to define what success means to you. It's important to view success as an undertaking driven by a healthy conscious, self-motivation and a desire to improve yourself and be of service to others, regardless of what your job is and what you do to make a living. Success is when you give your all, then let go of the results.

Many teachers know that if you have never met failure (I prefer to call it lessons), you have never succeeded. While some view failure as a blow to your ego, learning to cope with it

successfully can open your heart to a greater self-acceptance and not become hopeless or cynical. Success is a sense of the sacred so that your ego won't be seduced by it. It must reflect how you choose to deal with it in all aspects of living. With regard to power, I view it as strength, your strength to embrace challenges and change. Your power comes from drawing from your inner spiritual muscles rather than simply getting what your ego wants. Power has different levels. It has to do with how you view yourself on many levels: body, mind, spirit, financial, relationships, work, aging and death. It's important to address all of these aspects of yourself and ask yourself if you are just enough as you are. There are those who use the Serenity Prayer as a way to reclaim their power when they are worried, stressed, feeling powerless.

If you are hopeful but not fixated, you are in your own power. Be proud of who you are, not just what you have. Appreciate who you are and the value of the love you offer to yourself and others.

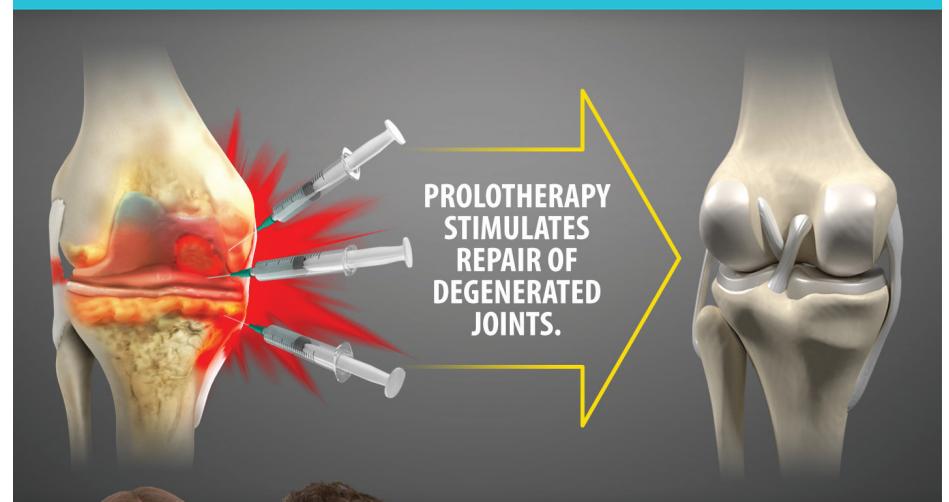
Embody good – do good things in the unique sphere of your life. When you are kind and gracious to others, it will all come back to you tenfold.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor.

If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

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City of Sanibel	472-4135
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Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club.	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

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PETS OF THE WEEK

photos provided

Haven on Earth Animal League

Lily And Sylvia



Lily

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center. Hello, I'm Sylvia. Aren't I just adorable? I'm



Sylvia

only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying. We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.✪

Lee County Domestic Animal Services

Odie And Happy



Odie ID# A767278

Looking for love in all the wrong places and long for a loving companion that will be by your side no matter what? Hello, my name is Odie. I am a 2-year-old male hound mix who is the guy for you. I am a faithful fellow and one devoted doggie that will be your best friend for life and forever valentine. I like the classic long walks on the beach and nights in front of the TV. I will fetch your slippers and be the strong shoulder to lean on when needed.

My adoption fee is \$14.

Bunnies make the perfect Valentine's Day companion. Hi, I'm Happy. I'm a 1-year-old female rabbit shorthair who will snuggle up with you on a cold night and twitch my cute little nose at you to make you smile. I am very low-maintenance and the perfect pet for apartment or condo living. All this combined with my stunning good looks, how can you resist?

My adoption fee is \$14.



Happy ID# A764876

Puppy love is in the air at Lee County Domestic Animal Services. Plenty of "smitten kittens" and "devoted doggies" are available to adopt as furry valentines this year instead of the traditional roses and chocolates. In the month of February, all adoptions will cost \$14 with an approved application.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit www.leegov.com/animalservices or call 533-7387.✪

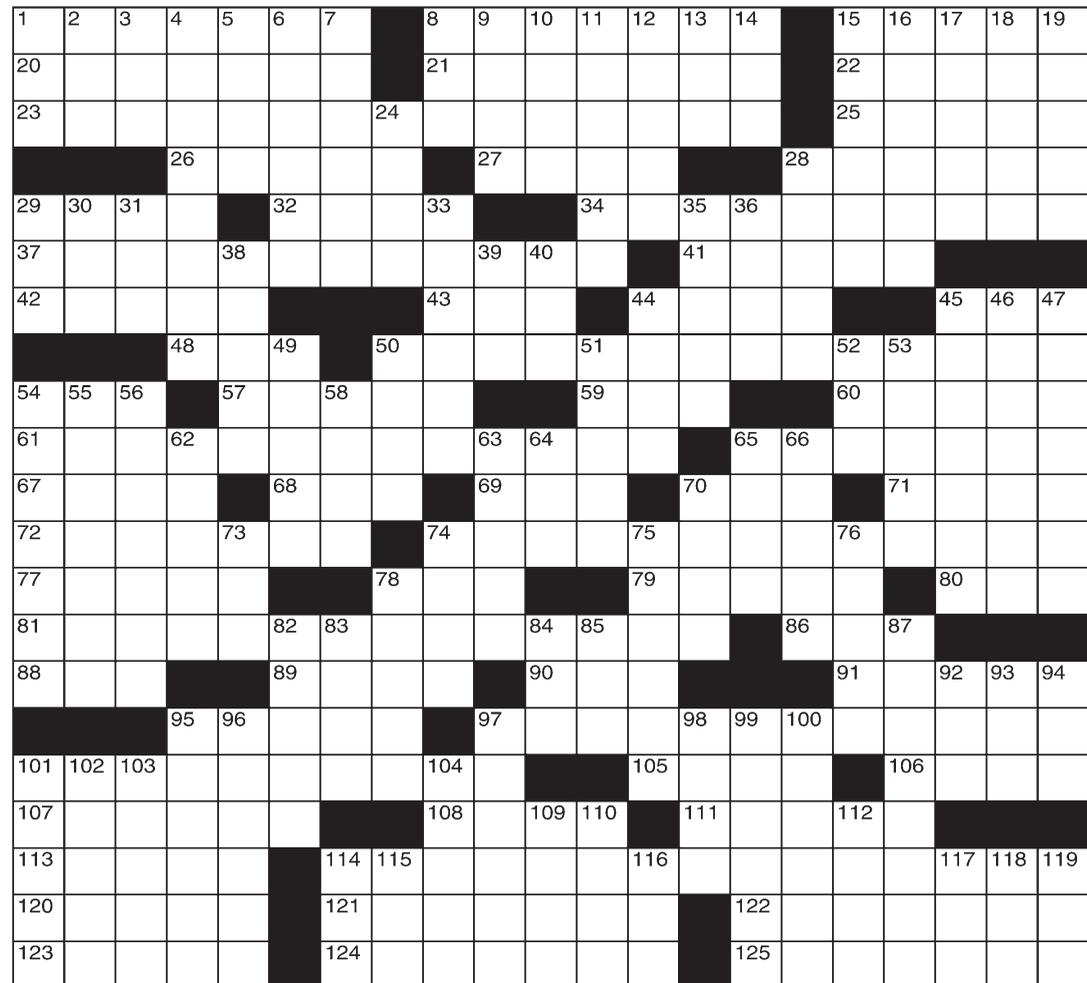
PUZZLES

Answers on page 37B

Super Crossword

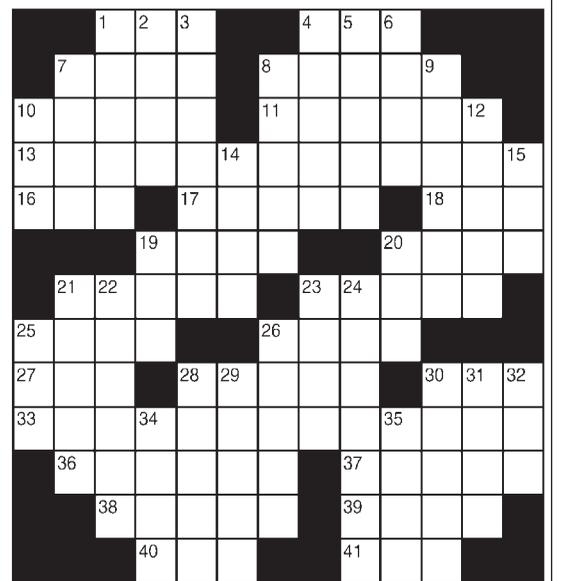
A SOUND CONCLUSION

- ACROSS**
- 1 Live online workshop
 - 8 Public poster
 - 15 Malcolm — Warner ("The Cosby Show" actor)
 - 20 14th-century music style
 - 21 Arrives leisurely
 - 22 Belittle
 - 23 Certain frat member receiving his diploma?
 - 25 Sing sweetly
 - 26 Cove
 - 27 Assuage
 - 28 Muddy mixture
 - 29 Met melody
 - 32 Took way too much, for short
 - 34 Gyro bread with lots of extra hidden calories?
 - 37 Heavenly food made from very hot peppers?
 - 41 — garde
 - 42 Sauna stuff
 - 43 Singer Acuff
 - 44 Stew
 - 45 Toon pic
 - 48 San Francisco's — Hill
 - 50 Target number of coverage policies?
 - 54 Download for an iDevice
 - 57 Denmark's — Islands
 - 59 High trains
 - 60 Detach, as a lapel mic
 - 61 Randomly mixed stack of Bing Crosby and Bill Haley albums?
 - 65 Folded a line into, say
 - 67 With 24-Down, reduced-cost product
 - 68 Glam rocker Brian
 - 69 Lav
 - 70 Aviary locale
 - 71 Bridge, in France
 - 72 Florida city
 - 74 Fish dish that's a chef's specialty?
 - 77 Rizzo in "Midnight Cowboy"
 - 78 Platform that runs on iDevices
 - 79 Ran easily
 - 80 La. neighbor
 - 81 Brass instrument with a dental product smeared all over it?
 - 86 "O Sole —"
 - 88 Sheepish
 - 89 "— well that ends well"
 - 90 Alias initials
 - 91 Idiot box
 - 95 Provide
 - 97 Hair dye produced in a county in southwest England?
 - 101 Chatty bird with shiny gray plumage?
 - 105 Pirate chant starter
 - 106 Took a train, e.g.
 - 107 Pilot a plane
 - 108 Prefix with skeleton
 - 111 Thin iPods
 - 113 Swiss chocolate brand
 - 114 Sitcom title woman living in a wasteland?
 - 120 Actor Jason
 - 121 Energize
 - 122 Algebra rule
 - 123 Totally love
 - 124 Toronto Blue Jays' stadium, before 2005
 - 125 Salzburg site
- DOWN**
- 1 Joking sort
 - 2 Be mistaken
 - 3 Gp. with merit badges
 - 4 Hoosier
 - 5 Verb go-with
 - 6 "Why" singer Frankie
 - 7 Like a very clean film
 - 8 Maven
 - 9 Solitary
 - 10 — -Seltzer
 - 11 Top-level
 - 12 Fluttery tree
 - 13 Tear
 - 14 Stuff in the gene pool
 - 15 "Charlie's Angels" co-star Smith
 - 16 Rudely brief
 - 17 Native New Zealander
 - 18 Of — (somewhat)
 - 19 Lotte of film
 - 24 See 67-Across
 - 28 Glide (over)
 - 29 Belly muscles
 - 30 Groove
 - 31 Fury
 - 33 Mended, as a sock
 - 35 Works to get
 - 36 With, to Luc
 - 38 "Toodles!"
 - 39 Rebels' yells
 - 40 Sch. in the Big Apple
 - 44 FDR's terrier
 - 45 Reneges
 - 46 — Aigner (fashion brand)
 - 47 Real-estate levy
 - 49 Bundled up, as hay
 - 50 Prefix for an element used in antiseptics
 - 51 Mission to gather intel
 - 52 "— pasa?"
 - 53 Not likely
 - 54 Classifies
 - 55 Ramses II, for one
 - 56 Plaything dragged on a string
 - 58 City in Nevada
 - 62 Mega-meal
 - 63 "Für —"
 - 64 Gear piece
 - 65 Brilliant move
 - 66 Composer Ned
 - 70 Reverse alphabetical order
 - 73 Japanese drama style
 - 74 Tossports
 - 75 New York's capital
 - 76 Singer Piaf
 - 78 R&B's — Brothers
 - 82 San Diego ballplayer
 - 83 One reuning
 - 84 Asian "way"
 - 85 Loc. of Kiev
 - 87 Exceeded, as a target
 - 92 — -Cat
 - 93 Put a stop to
 - 94 — Bo
 - 95 Dodging type
 - 96 Irk
 - 97 Forthright
 - 98 Skye of film
 - 99 California mountain
 - 100 Japan's largest island
 - 101 Zesty dip
 - 102 Vine-covered
 - 103 Group jargon
 - 104 Nervous — (worrywart)
 - 109 "Whip It" rock band
 - 110 City in Utah
 - 112 Iron sources
 - 114 Film director Craven
 - 115 Ballpoint fill
 - 116 La.-to-Ill. dir.
 - 117 Bruin Bobby
 - 118 Agnus — (Mass part)
 - 119 Drs.' org.



King Crossword

- ACROSS**
- 1 Sleuth, slangily
 - 4 Pod dweller
 - 7 Crafty
 - 8 Equilibrium
 - 10 Overuse the mirror
 - 11 Motor
 - 13 Fee for work done
 - 16 Officeholders
 - 17 Break a Commandment
 - 18 Sphere
 - 19 Diminish
 - 20 Small blister
 - 21 Milky stones
 - 23 Young turkey
 - 25 Profess
 - 26 Science workshops
 - 27 Pooch
 - 28 Paris river
 - 30 Cleopatra's slayer
 - 33 Navy, with "The"
 - 36 Seriously loyal
 - 37 Madagascar critter
 - 38 Surrounds
 - 39 Thing
 - 40 CSA boss
 - 41 Affirmative action?
 - 9 Sign up
 - 10 Greek letter
 - 12 Heron's kin
 - 14 Swindles
 - 15 Recede
 - 19 "This means —!"
 - 20 Urban transport
 - 21 Egg-shaped
 - 22 Pirate costume feature
 - 23 Sheet of glass
 - 24 Ohio college
 - 25 Billboards
 - 26 Rosters
 - 28 Sleep soundly?
 - 29 Chopin piece
 - 30 Picked a target
 - 31 Pond gunk
 - 32 Apiece
 - 34 Satan's forte
 - 35 Kill a bill
- DOWN**
- 1 Layers
 - 2 Ht.
 - 3 Sneeringly doubtful
 - 4 — de Leon
 - 5 Square dance quorum
 - 6 Europe's neighbor
 - 7 Small song-bird
 - 8 Annoyance



MAGIC MAZE ● "DEM DRY BONES"

D E B X U R O K L I E B Y V S
 Q N N K H E E N B Y W T R O L
 J (S H O U L D E R) G E B Y W L
 U R P N S K A E K I G D B E Z
 X V S Q O N E U T M K I I G E
 C A Y W U A H S T C Q K P L N
 L J H F E P G O C I E K C A B
 A Y X V U S I Q J Z R N P E N
 M K J H F E H H E W C I N H N
 B Z Y X V U T O O F J H P O T
 R Q P O M L K I T H G S E S C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Ankle
- Foot
- J.W. Johnson
- Spiritual
- Back
- Head
- Knee
- Thigh
- Connected
- Heal
- Neck
- Toe
- Ezekiel
- Hip
- Shoulder



Bob Schwetke
 "My wife didn't really want to come to this party, but she couldn't let people think we weren't _____."
 answer on page 39B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Form

EVIDES

Flood

REGUS

Weight

TIDYSEN

Control

REBILD

TODAY'S WORD

	8		1		9			6
		5		7		2	9	
9	2		4					1
	5		2		1			4
6				8		9	3	
7		2			6			8
1		8	9			4		
	3			1	7		2	
		9		6		3		1

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Lady's hat is different. 2. Boy is smiling. 3. House window is different. 4. Stone wall has become a fence. 5. Mom's collar is different. 6. Mom's nose is changed.

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GARAGE SALE

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Feb. 16, 9 a.m. till noon. 915 Fitzhugh Street, Sanibel Something for everyone.
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My Stars ★★★★★

FOR WEEK OF FEBRUARY 18, 2019

Aries (March 21 to April 19) Some unsettling facts about a past situation could come to light. And while you'd love to deal with it immediately, it's best to get more information to support your case.

Taurus (April 20 to May 20) A straightforward approach to a baffling situation is best. Don't allow yourself to be drawn into an already messy mass of tangles and lies. Deal with it and move on.

Gemini (May 21 to June 20) Don't be discouraged or deterred by a colleague's negative opinion about your ideas. It could actually prove to be helpful when you get around to finalizing your plan.

Cancer (June 21 to July 22) Ignore that sudden attack of "modesty," and step up to claim the credit you've so rightly earned. Remember: A lot of people are proud of you and want to share in your achievement.

Leo (July 23 to August 22) A financial "deal" that seems to be just right for you Leos and Leonas could be grounded more in gossamer than substance. Get an expert's advice to help you check it out.

Virgo (August 23 to September 22) Don't ignore that suddenly cool or even rude attitude from someone close to you. Asking for an explanation could reveal a misunderstanding you were completely unaware of.

Libra (September 23 to October 22) Unless you have sound knowledge, and not just an opinion, it's best not to step into a family dispute involving a legal matter, regardless of whom you support. Leave that to the lawyers.

Scorpio (October 23 to November 21) An awkward situation presents the usually socially savvy Scorpio with a problem. But a courteous and considerate approach soon helps clear the air and ease communication.

Sagittarius (November 22 to December 21) A calmer, less-tense atmosphere prevails through much of the week, allowing you to restore your energy levels before tackling a new challenge coming up by week's end.

Capricorn (December 22 to January 19) Your approach to helping with a friend or family member's problem could boomerang unless you take time to explain your method and how and why it (usually!) works.

Aquarius (January 20 to February 18) Someone who gave you a lot of grief might ask for a chance for the two of you to make a fresh start. You need to weigh the sincerity of the request carefully before giving your answer.

Pisces (February 19 to March 20)

Too much fantasizing about an upcoming decision could affect your judgment. Better to make your choices based on what you know now rather than on what you might learn later.

Born This Week: You have a way of seeing the best in people and helping them live up to their potential.

STRANGE BUT TRUE

- It was Henry Brooks Adams, American historian and descendant of two U.S. presidents, who made the following sage observation: "They know enough who know how to learn."

- Spanish explorers named California after a mythical island of Amazon women ruled by a warrior queen named Califa.

- Though an electric eel is born with the ability to see, by the time it becomes an adult it is blind. This lack of sight is not a hindrance, though; the fish uses electricity to create an image of its surroundings in

much the same way that we use radar. The electricity also is how the electric eel kills its prey, producing a 600-volt shock – five times more powerful than the shock you might receive from a household outlet.

- You might be surprised to learn that Philadelphia-brand cream cheese was originally made in New York.

- With 1.45 million lightning strikes per year, Florida experiences more lightning than any other state in the country. Though it's not a tagline you'll see in any tourism brochures, Central Florida is unofficially known as the Lightning Capital of the World.

- In 1811 and again in 1812, earthquakes caused the Mississippi River to temporarily reverse course.

- If you're of a certain age and facing up to wrinkles, you might be interested to learn that, according to the American Academy of Dermatology, one of the top causes of skin wrinkles is your habitual sleeping position. Rounding out the top five contributing

factors are sun exposure, gravity, smoking and facial expressions.

- If you ever travel to China, keep in mind that the menu item known colorfully as phoenix talons are actually just chicken feet.

THOUGHT FOR THE DAY

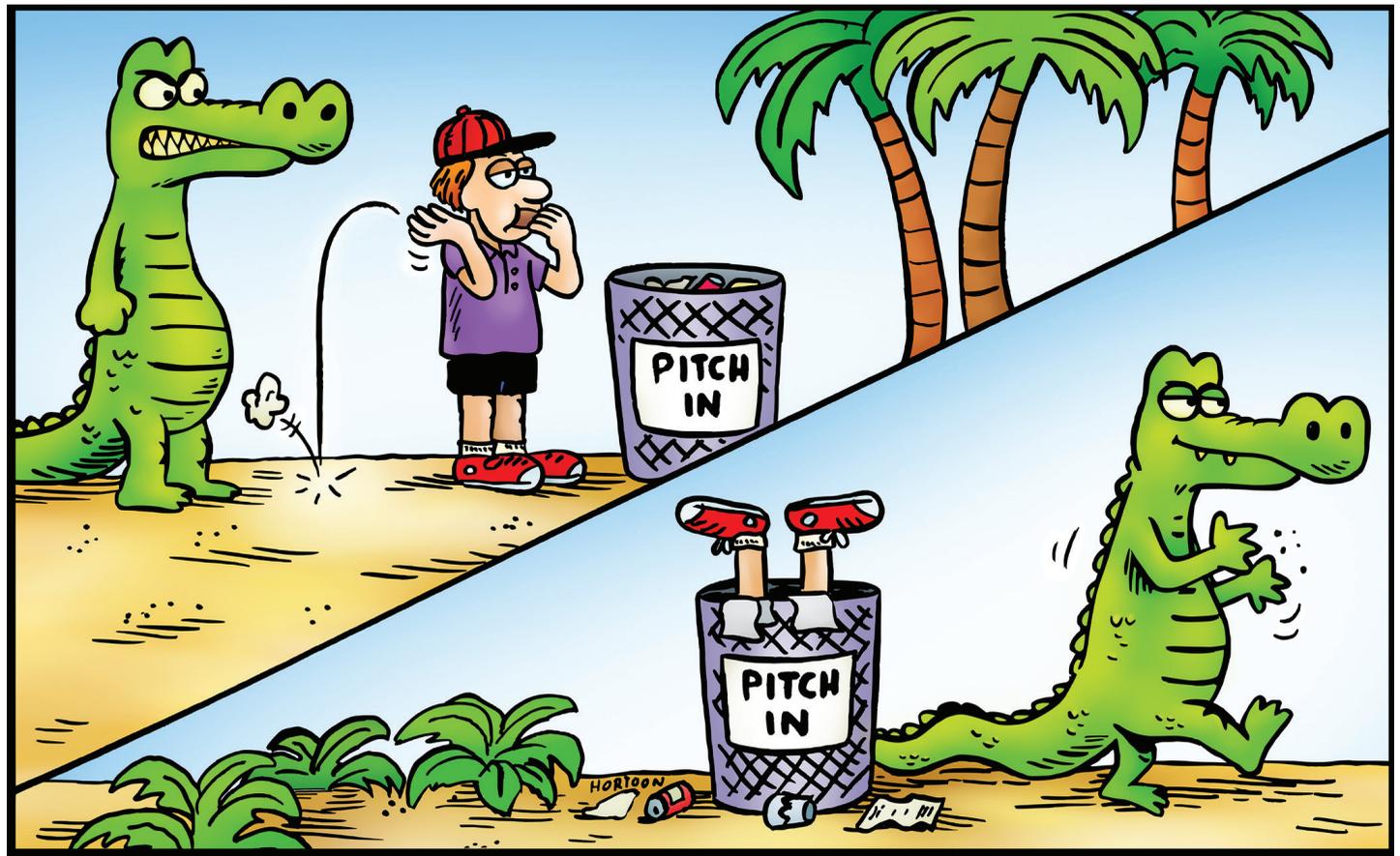
"Only two things are infinite, the universe and human stupidity, and I'm not sure about the former." – Albert Einstein

SCRAMBLERS

1. Devise; 2. Surge;
3. Density; 4. Bridle

Today's Word
INVITED

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Chateaux Sur Mer Unrec	Sanibel	2015	6,929	\$6,995,000	\$6,450,000	21
Sanctuary At Wulfert	Sanibel	1997	5,954	\$1,995,000	\$1,950,000	364
Bay Creek	Bonita Springs	2002	4,661	\$1,895,000	\$1,800,000	44
Mossy Oak	Fort Myers	2007	4,563	\$1,096,000	\$1,000,000	218
Cape Coral	Cape Coral	2013	3,055	\$859,000	\$822,000	8
Fort Myers	Fort Myers	1925	5,496	\$849,000	\$725,000	633
Seagrape	Fort Myers Beach	1998	1,572	\$669,000	\$701,000	8
Palm Acres	Fort Myers	1985	2,174	\$749,000	\$700,000	318
Cape Coral	Cape Coral	1999	1,390	\$799,900	\$650,000	66
Royal Tee Country	Cape Coral	2018	2,462	\$609,900	\$600,000	398



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9441 Peaceful Dr

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9270 Kincaid Ct

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1238 Isabel Dr

4+bedroom home with bay-front pool, elevator, 3-car garage, nearby boat dock with lift. Undergoing transformation. \$3.495M



1351 Middle Gulf Dr, #2C

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